

There you are
sitting with open ears
listening to my tales
watching
your open eyes
tracking the thought-birds
flying out of
the cracks in my skull
your heart
sensing the colours
of a different rainbow
and I am here
opening eyes and ears to you
sensing a stirring
in the deep colours of you
returning to a tomorrow
that breathes
its songs and passions
into the moments
that are now.

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Relationships of Transformation

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Preface

We live in a sea of relationships, like computers connected to the Internet. One of the strongest (and most unusual) links has been Bill Davidson. I first met him when I got off a Greyhound bus in Castlegar, B.C.

My first impression was that he was somewhat unusual; my second was that I had known him for a long, long time. We came together to make a journey through a new land, both wonderful and difficult. Out of this journey has come this chronicle of Relationships, relationships that transform and bring us to a realization of ourselves as Divinity clothed in physical matter. He has covered this chronicle with his own love and caring for others, and it has been born out of his lightest and darkest moments. It is a story that is told from experience, to assist others following the same pathway. I recommend it to all with love and the knowledge that we are all interconnected in this sea of life.

-Les Harwood-

Foreword

Most of us devote a few moments of our time to pondering the questions: “Who am I?”; “How did I get here?”; “What’s going to happen to me?” Before I began writing this book in the winter of 1980-1, I had asked those questions many times, but since then, I have spent thousands of hours living them. If you ask me today what I really know for sure, even that question would stump me. I cannot tell you that I know anything for certain. In fact, I consider uncertainty to be a bit of a personal specialty.

And I’m not bragging. There have been some pretty rough spots. I was tempted to name this part of the book “Forewarned” rather than “Foreword” because I cannot make any claims about its validity. You can read it at your own risk and decide for yourself what you think, feel and sense about what it says. If you have any discomfort in doing so, then let me say that I can relate to that. I’d better point out that it hasn’t all been rough or difficult. It’s been an adventure too - a wild, crazy, ever- changing personal adventure in spelunking existence. This book appeared into my life through a process of communication - communication that occurs with consciousness as the medium. Some people would use the word “channeling” to describe this kind of a process. In case you think you know what that means, let me tell you that I don’t - at least not in any definitive manner. I have had the opportunity to talk to a few people who channel and I’ve made a point of reading what a lot of them say, both when they are channeling and when they are just writing or talking about it, but knowing what it is really all about has eluded me. It’s not a static experience and that is for certain.

I want tell you that I am not happy about using the word “channeling”, but I cannot think of a better one. It’s a word that provokes images of trance mediums, acres of new age babble, the histrionics of spirit possession or the authoritarian dictums of the money-for-nothing gurus. For one thing, I am no trance medium. I am fully awake while participating in this kind of experience. I have never been ordered to do or to think anything whatsoever. I am no one’s guru, nor is anyone mine - incarnate or otherwise. The fact that this communication keeps consistently occurring despite

my efforts to challenge it, dispute it, support it, encourage it or debunk it, has been really frustrating. I want a security blanket and none of my “friends” have given me one. Quite the opposite has occurred.

“Channeling” is a term that covers a whole range of experience purported to be communication or communion with aspects of reality outside of our official reality, the objective, material, world. The word “channeling” certainly does not refer to just one kind of experience, but a whole raft of them. Jon Klimo has written a fine book on the topic and I’d recommend it to you as an excellent survey of all of the kinds of activities that are called channeling. In fact, his book helped me to see myself and my experiences as being fairly normal. Thanks, Jon. I needed that. I hope to meet you sometime and say that in person.

There are a lot of experts on channeling out there these days. Please don’t mistake me for one. All I can say about my experiences is that they do happen. By some definitions, they can be called channeling experiences, but what they really are, I don’t know for sure. I sometimes think of channeling as an experiment in communication because it is an experiment. I am not sure about its real nature, though if I ever find out, I’ll try to let you know. In the meantime, it seems pretty obvious that ignoring it makes lousy sense because it interferes with my persistent curiosity, and repressing it makes me cranky - so I have chosen to let it happen as it may.

The problem with channeling is that its validity as communication with non-physical individuals seems to be essentially unprovable and the veracity of much of the material likewise - so far. This may not seem to be a very significant problem, but I assure that if you find yourself in the midst of that kind of experience, validity becomes a very big concern at times. I have spent quite a lot of time and energy fussing about this problem. I’ve channeled more than just this book, a lot of it privately for myself and a few friends. The validity of some specific information, especially in retrospect, has kept me in the game, but then, I don’t want to run a new age religion in my own head, so I cannot help but consider alternative views of it all. And so it goes.

I suppose that channeling could be dismissed as some kind of mental aberration or the result of an overactive imagination, but really if you think about it, it quite successfully defies attempts to prove or disprove its validity. That is, it is just as difficult to prove that it is for real as it is to prove that it isn’t. After all, it assumes that there does exist something beyond the molecules of everyday life. Any student of logic can explain that you can’t prove or disprove the existence of anything at all outside of a logical system using the terms of reference of that logical system. So where does that leave us? I have often asked, “Where does this leave me?”

One of my own personal themes has been to avoid blind faith in anything, and to rely upon results. Over the last year, my personal life - every single one of my relationships, my physical and mental health, and most of all, my experience of being here in this life - has embarked upon a course of strenuous and often painful upheaval and change. As 1996 draws to a close, the final chapters of Relationships of Transformation have been completed. The mystery of being alive, of living in this strange world, and of being aware of it, has deepened. Personally, I offer this book to you in the sense of sharing - and not as any kind of authority. I really like the ideas in it, but that is just a personal preference. I honour you and your own self-determination on all matters.

Some of the experiences associated with this book have been deeply enriching and profound, in a very private manner. Some have been fairly distressing experiences. How could I possibly describe these to you? The only thing that might come close is the odd bit of poetry that I have written, the following poem for instance:

Who Will We Be?

Call up the song that dwells
in the constellation of circumstance
loaded moments
and rhythms of an older dance.

Who are we
that this rampaging moment
emerges collectively out of our separateness
having its way
altering the sacred and the profane?

A trick with mirrors?
A promise wrapped up in illusion
now loose in search of its own becoming?
A mirage of the heart?
Total and absolute foolishness?

Let there be no denial or pretense!
Let uncensored strands of heart stuff
carry all of us
to its own knowing.

Cut the bindings of our psyches!
Unfurl the thought streams
the private meanings of things.
Let images and ideas loose
into the quickening waves
to split into a thousand thought-shards
and re-emerge in the colours of the becoming,
spreading, separating and transforming,
without rest,
never the same again.
Never the same.

The moment accelerates.
The incantation of dissolution is spoken.
Balance within imbalance within balance
and then the incredible touch.

Let the alphabet of the dream-soul
organize the play
of circumstance and unreason.

Unanswered, the air whispers:
Who will we be to one another
when the cloak of chaos and enigma is lifted?

Quite apart from the whole issue of channeling phenomena is the content of the material which comes forth, whatever the actual process may be. Despite one's views about channeling or channelers, there are many ideas worthy of consideration appearing in channeled material these days. Even if we can only regard them as un-proven hypotheses about ourselves and our universe, many ideas do represent valid paradigm shifts, which when considered thoughtfully, can enrich and illuminate our current perspectives. At the very least, it can be entertaining.

For instance, consider one of the ideas that has come from Relationships of Transformation, as well as from other channeled material. A major scientific discovery in this century has been that matter and energy are two states of the same thing. Well, try this one on for size: Matter, energy and consciousness are three states of the same thing, with consciousness being the primary state. Another way of saying this is that consciousness precedes matter causally. Have you ever wondered why a complicated bag of molecules such as ourselves can actually be aware? Is the consciousness that we all exhibit really just a by-product of a high level of biochemical sophistication? Does consciousness really disappear at the moment that the human body stops functioning as a coherent unit? Obviously something happens at death, and this material gives yet another way to consider it.

There are a handful of really interesting ideas to plough through in this book, but Personally speaking, the best one is the concept of “The Homecoming”. This is all about the Human Race gradually recovering from its bewilderment in matter, from its collective amnesia and rediscovering its true nature and origins beyond matter — beyond space and time for that matter — a really gorgeous idea, but the only objective proof of it will be if it actually happens, or if we discover brand new ways of actually knowing things like that.

Whatever the validity of this material, or the real nature of this kind of channeling, it is genuinely a part of a personal investigation into an area for which there are no maps, laboratory facilities, or instruction manuals, and that is the investigation into the nature and origins of consciousness. As my friend Les Harwood states in his book, *The Esoteric Self*:

“We hear about consciousness raising, of altered states of consciousness, of higher and lower consciousness, to name just a few. It has become a popular subject of research and while the word has been around for some time it has never really been properly defined. Obviously it is a basic ingredient of our present expression, it is part and parcel of ourselves, and so it is necessary to investigate this thing called consciousness if we are going to understand ourselves.

In keeping with the movement into the new age, we need more than a revised version of our past understanding of the subject. We need a completely new vision, one that will reach from the outermost parts of the physical, scientific world right into the depths of our own mystical self. We cannot separate science and mysticism, the outer and the inner, for we are the vital link between the two. This is where consciousness fits into the picture. It is capable of providing a basis for a complete and satisfactory understanding of the world around us, as well as being the route that leads us in-to the inner mysteries of Self.”

- L. Harwood - *The Esoteric Self*, p.7

Although there were “warm-up” experiences earlier in my life, my channeling came out into the open in mid-1978. I was in a phase of regularly meditating my brains out with friends, and I began to get words in my head - words that just wouldn’t go away - words, like “Greetings.” or “We come with love.” Stuff like that. If I didn’t say these words out loud, I felt anxious and tense, but when I did, there was a rush of emotion and energy. Then, I had a past-life regression - nothing too deep as I can recall most of it, even today, almost 20 years later. After some fleeting images and sensations, I saw a scene vividly and in full colour. This surprised me as I had not been one for this kind of visual experience. I saw a pool of clear, cool water surrounded by rocks and rich vegetation - ferns, moss, trees, and so on. It was a warm, bright day with sunlight filtering through the foliage. In the pool, a beautiful blond woman was casually swimming. She was buck-naked too. This impressed me. Suddenly the image disappeared - poof - and I quite naturally started speaking to the other people present - but in the channeling mode. She introduced herself to everyone, and me, identifying herself as my “High Self”. I wasn’t sure what a High Self was, but the words were there and I spoke them easily enough.

Since that time there have been obvious training exercises and stages of development and I have come to regard it as really an artificial kind of interaction. I want more. It most definitely is unsatisfactory except as a stepping-stone to something more tangible. When the communication is happening, I don't go into a trance, although most of the time there is no question that some kind of altered state of consciousness is happening. I used to wish that I could go into a trance, which would relieve me nicely of all responsibility for the validity of what was coming forth. Now, I would rather keep clear and pay attention to what is going on. I am curious. Very curious. Most of the time it feels like I am sitting in the glow of old friends. Sometimes it is more than that and I get treated to some pretty wonderful emotions (mine or theirs?) and some invigorating energy. Sometimes it is pretty low key. The material itself comes in different ways. It can be in a whole block of information - I pick at some idea, and reel out the rest of it, sentence by sentence. Other times, it is so specific that there is no question about what the wording is. "They" can be pretty emphatic when they choose to be. The times I do not like are those in which there is a lot of room to play and to be overly general. That fortunately seems to be on the decline. They say, (if "they" are for real!) that it is important to be awake and functioning fairly close to "normal" during these sessions. What do I know for sure? Sweet tweet.

The first seven chapters of Relationships of Transformation were written in the fall and winter of 1980-81. I had no idea that there were going to be twelve chapters in all.

On Christmas morning, 1995, I got the titles for the final five chapters, and now they are done. While compiling the whole schmeer into one file and reviewing it, there were a number of modest additions to the original seven chapters as "we" went through them. I am glad to have this project finished - and just a little bit expectant. I started this book out on a second hand manual Underwood typewriter and finished it up on a Macintosh Powerbook. I was thirty-two then and am forty-eight now. I'd like to share my experiences with you and to hear yours, but we'll have to keep that for another time. I'll just leave you with the following poem that I wrote back when Relationships of Transformation was just beginning. It seems to describe "now" better than "then".

Beneath the Cover of Sleep

Beneath the cover of sleep and behind the walls of reality
we have touched and bent our worlds.

In our own ways, we have searched out hidden doorways,
the walkways and bridges that connect our islands of days and faces
with larger continents.

And now, as one, two and more realities surge
into our lands and houses,
the cover of sleep is drawn back.
The walls of reality crumble.

We have found ourselves together, You and I,
skinny dipping in rising waters,
washed in waves of startling passion that spill out of the future
as if the walls of time have ceased to exist.

With the first kiss the spell is undone,
the world dies as the courtship begins.

One similarity with the channeling experiences of many, many other people is that this material is from an individual who offers a name for herself. You are entitled to an opinion as to what kind of entity she actually is, but the name that she uses in

providing this material, is Ksceondra El Hara. I invite you to read her words and to consider her ideas. - Bill Davidson.

Relationships of Transformation

Introduction

You are far more than you realize. Within what you experience as the limitations of your life, there is potential that surpasses all of your expectations. The Human Race is at the point of departure from the limitations and constraints within which it has expressed for thousands of years. The models of the Human individual that you have inherited have reached their time of obsolescence. The time has come for new teachings to come into your world, to prepare you for the coming changes within yourself, and within the Race as a whole. The initial symptoms of these changes are contained in your here and now.

You visualize your future on the basis of your experience and memory, but these will no more prepare you for what is coming to pass than the study of a small acorn will help you to know what it is to be the tree that the acorn becomes. The current and coming transformations of individuals and of the Race cannot be comprehended using terms of reference born out of your past and present experience and learning.

There is an educational effort currently under way in your world. One aspect of this activity is the dissemination of new ideas, new models of reality and the nature of Man. The tremendous inpouring of new concepts and the accompanying elements of life experience endeavor to reorient you to the reality of that which is occurring.

Your world is experiencing a massive influx of new ideas and ways of thinking, in all quarters, in all domains. I refer not only to what is called new age thinking, but to all domains of Human endeavor: science, psychology, medicine, education, business, politics, artistic pursuits, parenting, spirituality, religion and much more. As this virtual explosion of larger, explorative thinking occurs, a developing network of sharing, cross-fertilization and communication on a global level continuously processes, defines and redefines the emerging paradigms of life and living. It is no accident or coincidence that this is happening, nor is it a fluke that you were born into this milieu.

The inner resources of Humanity are surfacing in these times to supplant and replace older, obsolete models and ways of thinking and you are fully a part of this. The new vision and expression of Humanity is rising out of the ashes of the old. This is happening now. No one is untouched. No one is left out. All men, women and children of the Human Race are participants in this out flowering of truth and beauty. The experience of each individual is unique, and yet they arise from the common Source of All That Is.

I am actively involved in this educational program, and as such, my activities are many. The communication project that results in the production of written material such as this book, is one small portion of my pursuits. My colleagues, both physical and non-physical are numerous. Each of us fulfills part of a large and marvelous event that securely bridges the gap that exists between

the physical and the non-physical. It is far more than this, and I shall attempt to point you towards the fullness of that which is coming about. While this event does not appear in time in the manner of most things that you would call an event, it is an event nonetheless. We shall call it “The Homecoming”, for that is what it is.

The purpose of this book is not to dictate a set of beliefs, but to give you several models of your Self and your realities, through which you may interpret actual experience, enhancing that experience in a practical and personal sense. The changes that are under way within the Human Race are without precedent. History is not repeating itself. History has, in fact, never repeated itself.

There is no substitute for your own realizations and experiences. The ideas that I bring to you, or that others provide for you, must not be construed as being the final word on any subject at all. You are the one who must hold court on all of it, the one to accept, reject, modify or reinterpret. This is your innate right and ability, and it cannot be surrendered, even if you try. Ideas are just ideas. They are useful in helping you to make sense of your actual experience. These ideas will make no sense to you without experience that is relevant to them. And, as with all ideas, they will become obsolete when their purpose has been served.

All of us who come to you from regions beyond the physical are already intimately involved with those of you in physical expressions, a fact that is gradually being recognized by many of you. I'll not explain myself to you at this point, other than pointing out that I dwell within a home and a body of consciousness and energy, and that in my present capacity with you, I symbolize to you the YOU that you are becoming.

It is a pleasure and an honour to make your acquaintance in this manner, and if you look for it, you will find that there is an element of mutual contact accompanying your own interaction with this book. Personal contact between our Selves, even in this diluted form, is the primary thrust of this effort. Content is secondary. The contact, while it may not be recognized fully, enables many beneficial things to happen. It foreshadows the direct, mutually recognized communion of those of you who express in matter, with those of us who express in other ways. I speak of things that are close at hand.

Kscheondra

Chapter One

Inhabitation: The Fundamental Fact

In attempting to discuss the realities of a Human individual, one plan would be to introduce the basic ideas and then to fill in the details, to move from the general to the particular in a nicely structured logical progression. From my perspective, that approach would place this material at risk, to some extent at least.

I speak to you, through these letters and words, from a reality that is beyond the frontiers of your normal experience. There is a requirement for this exposition to be logically consistent; otherwise you would not read it, considering it to be nonsense. On the other hand, confining the ideas that I

wish to bring to you to the rigors of an inflexible or specific logic, would jeopardize the end product. I compromise.

In order to maximize the quality of communication, I do not restrict myself to one kind of logic, but use several that are native to you. My involvement in this book is from a most creative angle. I deal with it as a whole, developing it from several points at once. In a sense, I work both forward and backward from these initial points, toward the beginning and the end simultaneously. For my partner who types these words, this book is just beginning, while in my terms, the beginning occurs subsequently to those portions of this book that are my actual starting points.

The finished product that you read is a multi-layered structure, appealing to several dimensions of logic that you currently use. I am not one to frown upon the logical processes that are dear to the academically inclined among you. Clear-headed intellectual thought can be of immense value to you, and it does not hasten your spiritual unfolding to reject that innate ability. It does not hasten your spirituality to reject anything that you are: a mental, emotional, sexual being; a happy, depressed, passive or aggressive being; an energetic, unmotivated or self-absorbed being. Anything that you are, is there for a reason, though as you change from within, so will your outward attributes and characteristics. You are totally and completely acceptable as you are.

To function as you do in your world, you use a gestalt of logics, each part of which is useful in its own way. Using its unique logic, your body functions in wondrous harmony. Your mind thinks in many ways and at many levels. You think, you dream, you intuit, you imagine, and you process billions of data bits during each minute of your life. While the logic of your dreams and intuitions may seem to be inconsistent with your intellectually based logic, it is not. Each type of logic has its place in a multi-layered spectrum that is inwardly consistent, that functions as a harmonious totality.

There are manifold subtleties and gradations involved, giving you a unique view and experience of the world, while at the same time, you are able to function cooperatively in the world. Inwardly and outwardly, you share this gestalt with the people, creatures and phenomena of Earth. Your awareness may not be able to hold the greater portion of this, but it is real, for without it neither you nor your world would be able to exist.

This book is written to appeal to several types of logic, to elicit responses of many kinds, from intellectual thought to unrestrained imagination and more. I hope that questions will occur to you. Here is a simple, logically valid equation: A question is a window.

The many varieties of logic governing your corporeal existence are like several suits of clothing at different levels of reality. They provide for expression in form, the most obvious of which is the physical body. There is logic that determines atomic and molecular activity, the construction and maintenance of body systems: the skeletal system, the nervous system, the organs, the glands, and so on. At other levels, attuned to environments other than physical, there are bodies of energy and vibration. At subtler levels still, there are bodies of consciousness.

You are a complex, multidimensional production.

The foundations of your physical world are in the realms of consciousness. Within these realms, events occur, like thoughts in your own mind, but richer and more potent. Out of these events emerge the energies that form the physical reality. Now, the physical reality that you know is not exactly what it seems to be. The building blocks of all that you know are units of consciousness that contain the initial propensities, the first thoughts, and all that follows from them. The roots of

your world, of all worlds, are in the first thoughts of unmanifested consciousness becoming manifest.

These are awkward concepts to place into words, to explain in terms of the end results, namely you and your world. The origin of your universe of matter is not a “big bang” in primordial space-time. Space and time initially appeared as part of an expanding thought-wave, in which all places near and far, and all future, past and present moments emerged at once. Your sense of time and the tenses of your language offer considerable interference here, but the point being made is that Creation, or whatever you wish to call it, begins as much in your future as in your past and present, and so do you.

Ultimately, the only way that these things will become clear for you is through direct experience. The Human Race has now entered into a stage of expression, during which its members will, by and by, be shown all of these basic facts of life in a direct and personal manner. For the time being, I am doing the very best that I can. It is only proper that as part of this discussion we address the question: “Who are you?”, for the answer to be given is a cornerstone which must be laid in place before proceeding further.

Your nature is exceedingly deep and highly complex. First of all, your primary means of expression is consciousness. You are a being of Spirit. Matter originates out of consciousness, not the other way around. Matter, energy and consciousness are three forms of the basic substance of Creation, with consciousness being primary.

There is more than one type of consciousness. The Human Race is founded upon a highly complex type of consciousness which we shall call Man Consciousness. In this context, the word Man does not mean “male”, nor is it equivalent to the word “Human”, but these distinctions will be clarified in later chapters. The principle characteristics and elements of Man are outlined in the following seven-fold breakdown:

- The active, outreaching Principle of Power
- The Principle of Omniscient Creativity
- The Principle of Transcendence, Love
- The Principles of Becoming; the blueprints for creativity
- The Building Blocks of Creation: consciousness, energy & vibration
- The Principle of Inhabitation
- The Concordance of Truths

This particular outline is but one, extremely telegraphic way of saying something that is not only immense and multidimensional, but something that could never be adequately stated in your language. Do not worry over it. I will try to fill in a few details as we move along.

The answer to the question, “Who are you?”, is found in the sixth item of the above list.

You are the Creator, whose identity is independent of Creation. The Principle of Inhabitation means that at no point in the Creation is there any distance between your Self, the Source and Creator, and the forms that you create, through which you express your Self, bringing into manifestation a measure of that which you are.

There are complexities to this that defy verbal presentation, but the fundamental fact that you are the Creator, in a state of inhabitation within your own Creation, is a simple one to state. The bodies of consciousness, of energy and of atoms and molecules, are some of the houses which that Eternal Spirit, your Self, inhabits intimately. There are many details to give to you to round out this simple statement, but the beginning is made in this declaration of who it is that all of us truly are.

I have not described what you actually are, but have used the word “Creator”. That reality cannot be described, but it finds a measure of expression in all that you are, that you have been, and that you will become. Your identity as the Source of Creation is an immediate fact, an imminent, intimate reality, even while you may not recognize it.

The building blocks of Creation are consciousnesses of many types and levels. Awareness appears as a consequence of inhabitation. You are the light that illuminates consciousness. Awareness is the result of your presence as the inhabitant of the means of expression that you use. There is an implication in this that Man is distinct and separate from Man Consciousness. This is true for the intents and purposes of this discussion, since Man Consciousness is the vehicle for your abundant creativity. All of this is a round about way of saying that what you call Creation is encompassed by larger creative systems.

Your existence in the physical universe, as an individual Human person, is the result of an extensive outreach into the most external realms of manifestation, to establish a place of inhabitation, from which you expand to know your Self from that unique point. This knowledge has always been with you and is outwardly characterized by the spiritual yearning of Humanity throughout the ages. You have established your unique points of expression from a broad base that encompasses time as you know it. Thus, the futures and the pasts of your Self and of the entire Race are fully a part of your here and now.

Chapter Two

Transformation: An Overview

The Human Race is poised to leap into a further expression of its Self. This leap must be made first of all by individuals who have incarnated into the current period of historical time, specifically to partake of this adventure in creativity on an individualized basis. This being accomplished, the new lands of Selfhood having been opened up, the Race as a whole will embark upon the same journey.

This book is written particularly for those bands of pioneers, who even now are setting forth into the frontiers of Human experience, opening up pathways and setting out markers for others, soon to follow. What is being done in the current historical period is unprecedented, and it cannot be evaluated in the terms of previous experience and endeavor. There is a requirement that the process of Transformation be demonstrated and consolidated by actual individuals before the Race as a unit can become fully involved in the same process.

If it were possible to provide a simple summation of all of the millions of years of histories that Man has created within this planet, it could perhaps be placed in terms of the provision of the means through which the Principle of Transcendence could be expressed fully, and with greatest creativity. Another term for the Principle of Transcendence that has more popular usage is “The Christ”. Simply put, it is the means through which the Selfhood of the one Source of Creation becomes established fully within Creation. It allows for a greater intensity of inhabitation by you, the Creator.

The Human Race is an outpost in the most external level of manifestation, the physical universe. It has been a long and arduous journey to this place and there are many tales to tell. The

overriding purpose and plan is to enable that unfathomable reality that is the Source of Creation, to begin to emerge in that distant outpost of Self, the Human Race. This is not done in the abstract or the theoretical. It occurs within the lives of actual members of the physical Race, as an intimate, personal Transformation. It does not annihilate individuality, but expands upon it in a manner that is dramatic to say the very least.

The individual who was known historically as Jesus of Nazareth plays a major role in the Racial progression here and now. Jesus was a major incarnation of the individual who functions in a specific role with the mass consciousness of the Human Race. The label that fits this role is “The Christ”. In the fulfillment of this role, as the one known as Jesus, a basic pattern of Transformation was implanted into the mass consciousness, and the practical demonstration of that pattern took place.

The larger individual of consciousness who incarnated as Jesus, is known to us as Sananda. Sananda, as The Christ of the Race, the embodiment of the Principle of Transcendence, has played a role since the inception of the Race eons ago in your terms of time. Sananda has appeared within the physical Race frequently throughout the history of the Race and has always overshadowed the physical aspect of the Human Race in its totality. In the physical, Sananda has been known by many names, expressing in female as well as male forms.

The appearance of Sananda within the physical Race two thousand years ago, provided a focus in that time for the energies of The Christ, the Principle of Transcendence. It usurped several more superficial historical processes at that time, and installed within the mass consciousness the prototype Transformation model that is now being used and expanded upon by actual individuals in your world.

Christhood is not an exclusive state of being.

The Star of Bethlehem symbolized the promise of Christhood for each individual under the umbrella of the mass consciousness. The events of two thousand years ago were multidimensional and have since been edited and distorted rather extensively. It was a highly complex endeavor and is not easy to describe. For one thing, Sananda was present in more than one incarnation during that historical period, and the focus for the energies of Transcendence was held by many, many individuals, both incarnate and at other levels.

The Principle of Transcendence provides for the increasing degrees of intensity of Inhabitation. It is not external to either the Human Race or to individuals. It emerges from within and is reflected and expressed in both the physical and non-physical environments of the Race. For an individual, the results of this are quite radical once the Transformation process has been initiated. The resulting Self-emergence is three-fold. I will deal with each of these separately and briefly, although each of these is one facet of the one process.

The Affirmation of Self

The Affirmation of Self is an activity performed by the Total Self of an individual, of which only a portion is visible in your world as a physical Human. The characteristic awareness of the physical Human has been tightly enfolded within deliberately contrived illusions, for several thousands of years. It has been a state of isolation from Self, in which the knowledge of the origins of the Race became gradually dimmed and then obliterated from the incarnations.

Now, the larger reality of Self is not an amorphous area of being that sits out of sight while

members of the physical Race go about their daily business. It is the immediate source and sustenance for physical individuals. They emerge into the physical out of their Total Self and unknowingly are dependent upon it, while functioning interdependently with it. This inner reality is made up of actual individuals such as my Self, who live in rather different kinds of bodies than physical. Selfhood is like a city a consciousness and energies that spans realities that you are, for the time being only, not able to comprehend. I shall refer to it as the "Inner City of Self".

You are multidimensional.

The activity of Affirmation is subtle and direct. One important facet of Affirmation is the recognition of a relationship with the larger, hidden reality of Selfhood, the source of your expression as a person. This occurs in many ways. The key ingredients always are intuition, and the sister to intuition, imagination. There is no specific technique in this. In fact, many of the so-called Self-realization techniques that are popular in your world can be counter-productive in the long run. They frequently add to the resilience and perpetuity of personality structures, which eventually must be altered or displaced to provide space for the elements of Transformation.

For each of you embarking upon the journey of Transformation, there are specific members of the Inner City of Self who move into closer proximity with you, to initiate and to implement the event as a whole. One way of looking at this is that the decision to transform is built into the incarnational pattern, but for the individual incarnate, there is usually no specific knowledge of this until it actually begins. The Transformation process encompasses the total spectrum of the Inner City of Self, from the Source level to the physical. It is not simply an expansion and development of the personality.

As those of the Inner City of Self move into increasingly close proximity with the physical individual, there is an associated influx of higher order energies into the immediate incarnational context. It is common in these situations to find very specific stresses emerging into day-to-day life patterns. The inner reality that moves in, is incompatible with the outer personality structures. Two incongruent realities meet in a carefully orchestrated and controlled process.

Once an individual recognizes, however dimly, what it is that is occurring, things tend to make more sense. In practice, this involves the utilization of a succession of formal and informal paradigms, which allow the gradual discovery process to take place, while illusions are disassembled.

You will find people talking about synchronicity, Spirit guides and all manner of like phenomena. The psyche tends to build up its reality-view out of memory and past experience, but the nature of the Transformation process is to remove the individual out of that framework. Therefore, a tidy, comfortable explanation of the experiences associated with the Transformation process will eventually become unworkable. The pace of this activity varies from person to person, but the basic characteristics are common. Paradigms, theories, interpretations and explanations will have built in obsolescence, although this does not deny their validity as necessary and useful stepping stones in the process.

When individuals such as my Self begin to strike up active, recognizable relationships with physically expressing individuals, we find a frequently hilarious camouflage thrown over our presence by the psyche of the individual person. We get dressed up in all sorts of costumes, none of which fit us very well. We are thought to be everything from God almighty to the devil himself, and everything in between. We are called Spirit guides, demons, magicians, ghosts, ascended masters, the voices of prophecy, or the incoming armadas of space ships. Now, some of us may be some of these things some of the time, but truly, we are your inner reality, and this is our message and our gift to you.

The Affirmation of Self is initiated from inner realms and is brought to the attention of the physical individual one way or another. Behind the scenes, in the sleep state, there is more open communication and cooperation than is apparent during waking hours. After a while it cannot be denied.

It should be stated that it is not our desire or intent to be confined to the role of fortune teller with you. The actual relationships amongst our Selves could not be contained within such a limiting role, and although we may, on occasion, come forth with indicators of future events, this takes place primarily to support the main thrust of our involvement with you, personal Transformation. We come not to condition or to program you, but to introduce you to your larger Self, to bring forth that potent creativity that you are, and to help you to place that into the world as the you that you become in practical terms. We will never restrict or impede your creativity, for we wish to unleash it.

My words are insufficient; I recognize this. The threads of ideas that underlie this discussion are woven throughout this book, from cover to cover. There are many ways to interact with these concepts, and since the subject matter does not lend itself to verbal delivery, I have attempted to compensate by organizing the material according to an inner game plan.

The Relationships of Transformation

This facet of the three-fold Transformation is the main thrust of my efforts and energies with this book. Please keep in mind that the separation of the Transformation into distinct components is for convenience. It results inevitably in a degree of distortion, and as such does not define the issues and concerns in any ultimate sense.

It is in the non-physical realms that relationships between members of the physical Race originate. Even the most mundane and fleeting relationships are characterized by this fact.

Each individual who makes the journey into the new lands of Self in these times, participates in an individualized, personal process of unfolding and re-awakening. This takes place within the context of a community project, that involves many others, both seen and unseen, who are likewise up to their ears in similar ventures. We, who come to you from the Inner City of Self, are as much involved in our own personal Transformations as are you who dwell in houses of flesh. Each of us participates in the experiences of others through patterns of relationships that we have set up. Noteworthy here is the fact that your entire reality is created by relationships.

Your personal relationships figure prominently in the Transformation process, more prominently than you might expect. To describe the personal movement of an individual Human into the next ongoing level of expression, without including the domain of relationships, would be like sitting down to a sumptuous feast, but being served a glass of water and a plate of dry bread crusts.

In the community of those upon Earth, who are setting out to explore, to open up, and to inhabit the new lands of Self, there are all kinds of typical interpersonal relationships. In this community, there are people with vast, deep inner ties, who are presently total strangers, intimately involved nonetheless. Others may be friends, acquaintances, spouses, lovers, clients, colleagues, siblings, parents or children. These very normal relationships do not contain or express the tremendous background of inner relationships upon which they may be founded, but they do provide the preliminary structures into which the fullness of the inner reality

may begin to be poured. It is far more than drawing back the veils, allowing the inner relationships to become obvious. It is a deliberate lowering of the inner relationship into the outer vessel that has been prepared for it. It must result in a radical expansion and renewal of the outer vessel.

I am not indicating here that you begin to relate to one another solely on the basis of the so-called previous lifetimes. It is something considerably larger and of greater intensity. In fact, any and all incarnational relationships between two individuals become part of the outer vessel into which the inner elements are poured.

The Relationships of Transformation are where the action really takes place, a simple fact to state, but behind it, a reality that has not been appreciated by your Selves. I emphasize that Transformation is not simply a cognitive re-structuring, a change of attitude or lifestyle. It does not take place at any distance from you. It roots itself into all manner of daily experiences, but particularly into relationships between real people with very real emotions. Emotional elements play an important, I could even say, a critical role in the process. Relationships of Transformation are an embedding of the Inner City of Self into the physical Earth. It breaks the former patterns of relationships, replacing them with something that has hitherto not appeared in your experience, which will be immeasurably satisfying to those involved.

The Freedoms

Consider that the physical world is born out of, and is sustained by the inner universe of consciousness. The levels of consciousness that are the source of events in your world, the source of families and nations, and of your Self, are to be found within your personal inner reality. While the Source is your Self, only a small measure of the creativity within you has been accessible to the incarnations for many thousands of years. Even so, the potential that was available has been largely unrecognized. What you will see, as people enter into the experience of Transformation, will be the gradual emergence of the innate abilities and freedoms of Man Consciousness.

Let us take a rather mundane example. Psychic abilities of considerable proportions are intrinsic to your nature. These abilities have been closed down deliberately and voluntarily, in order to fulfill the creative purposes of the last epoch of Human history. This situation may be confused with the erroneous idea of punishment decreed by a vengeful heavenly father who became appalled at the evil in his own creation. Definitely, this is not the case.

The time has come for the re-emergence of these native abilities, within individuals first and then within the Race as whole. There is no requirement to enter into a regimen of discipline and practice to bring these elements to the fore. While at times there may be appropriate practices which enable the experience to emerge more comfortably, it is a fact that the Transformation cannot be reduced to a package of techniques. Would you ask an acorn to practice growing to ensure that it one day became a tree?

The psychics and seers of the past and present have demonstrated only a minute measure of these incoming abilities. It is worth noting that the foundation for this out-flowering of freedom and ability has already been laid. Consider telepathy. It will be one of the more obvious abilities to appear in the initial stages. The invention of the telephone in your recent past is the foreshadowing and the actual commencement of the telepathic facilities emerging into your world.

The outer world comes into being as a consequence of inner events. As the bundle of energies carrying the telepathic abilities began to surface in the mass consciousness, the telephone was invented, and a global telephone network was not far behind. In a sense, the telephone system and the internet are a crutch for the mass consciousness and for individuals, an intermediate stage in

this particular unfolding. When global communications technologies are used in your world, there is a lot more going on behind the scenes than meets the eye. I suggest to you that in the not too distant future, these will be obsolete.

To briefly expand upon this, the new technologies are both a foreshadowing and the initial implementation into the physical Human Race, of the Freedoms that are native to Man Consciousness. Current technologies are an exteriorized manifestation. I point to freedoms of a more personal nature. There are many, many more exciting Freedoms for you to discover and to unfold within your Self and your life.

The Principle of Transcendence rises out of the Inner City of Self and expresses in the three-fold Transformation. I do not wish to become sidetracked by trying to fill in the numerous details that eventually will be brought into the picture. Rather, I give emphasis to that element that is the heart of the Transformation experience, and that is Love. It is a Love that cannot be packaged in words, no matter how eloquent, a Love that embraces the full spectrum of Human emotions, and much, much more. The experience of this Love is far beyond any feeling of love that you have experienced thus far. It is the essence of the Transformation, the Transcendence, the Christ.

Love is the essence of your Self.

Chapter Three

Male & Female: The Age Old Story

With a title like that, this is bound to be a popular chapter. I shall do my best to keep you entertained. In your present day and age, the wrappings that cover your sexual nature have begun to be removed, as a prelude to the appearance within the physical Race of that which underlies sexuality. There is no way that an individual can make the journey of Transformation without coming to terms with this aspect of Human Selfhood, and with the historical legacy of social and cultural awkwardness that has plagued it. There are many in your world who have begun to venture into this forbidden land. Most have not yet broken through to the inner reality - the wellspring within of sexuality and sexual energy, but all participate with validity as the undertakers for the obsolete belief systems that have hidden the truth and the intense beauty of your sexual nature, and the deeper vitality out of which it has arisen.

The age old story of male and female, the basic division of the Human Race, must be portrayed in a broad historical context, for this design feature of the Race did not occur accidentally, and in the larger perspective, greater meaning and direction can be found. If we go back to the origins of Man's involvement with Earth, an intriguing story unfolds. I will sketch out a few of the many themes of this story, trying to keep it simple despite the fact of its complex nature. The story of Man and the planet Earth is not a simple one, and it did not occur in just one Earth, but many, in a multidimensional reality of many pasts, all interconnected, and yet, each one unique. Your total

reality has many rooms. Many diverse possibilities are manifested virtually all at the same time.

Descent Into Matter

To speak of the history of the Race, I find myself surveying a multidimensional, ever changing panorama of many pasts, out of which flow the moments of the present. Some of these so-called present moments would be recognized by you as being the objective world that you know. Some contain different versions of your world, your Self, and your contemporary history. The true nature of time is a tough one to clarify in this sort of discussion. I ask you to accept the oversimplifications that I use, and to let your imagination roll over and around the ideas presented. Linear time is a mirage.

The normal type of expression used by Man in Creation is a non-physical form of consciousness and energy. The Human Race, by utilizing a physical vehicle — the Human body - has departed from the norm quite considerably. So you see, you are unique. Man came into Earth initially in a non-physical form. Within the energy forms used by these originators of Man's involvement with Earth, were two principle aspects of the one Source that much later expressed as physical males and females. Both aspects, were contained within these individuals, in what could be called a dynamic equilibrium that allowed the light of the most inner inhabitation to shine forth. This was the light of the Transcendence factor, The Christ - the Selfhood of the Source - you. Therefore, these initiators carried the presence and characteristics of the three-fold Source of Creation into the domain of expression, Earth.

It was a highly evolved and highly skilled group that initiated the project. These ad-venturous individuals descended into Earth, like a white fire, infusing Earth with a higher vibration and a new brilliance.

It was the intent of the planners involved in the adventure to establish expressions of their Selves in physical terms. A long, involved process was initiated. It eventually resulted in the first physical versions of Man in place, sharing physical Earth with its native population, both physical and non-physical. The first versions of Man on Earth were of a different stature and construction than are you who read these words, although some of you are these first ones. For one thing, death had not been invented. Neither had physical males and females. As a matter of record, the Human Race had not been invented yet either. It was largely experimental.

These forerunners of the physical Race found it extremely difficult to maintain their viability in a physical manifestation of their Selves. Many of the problems which they encountered were centered about the task of maintaining a focus in time. Time is a derivative function of what is known as the tempic field, a discrete energy field characterized by a low, but variable intensity and rate of vibration. A common effect experienced by the newcomers was a tendency to be spread out through time, unable to fix a physical expression in time with any precision. The gradient between the higher energy state of the incoming Man consciousness and the lower energy state of the tempic field, caused a tendency to fade or to slip out of the physical altogether. It was like diving into an ocean, but being far too buoyant to remain under water.

Earth and all of its native life forms, physical and non-physical, function upon energies of much lower intensity than does Man. The physical world is founded upon layers of non-physical domains, which operate utilizing energies of different orders and intensities. In coming into the Earth and into physical expression, the individuals of Man, the forerunners of the Human Race, had to learn how to accommodate their Selves within environments to which they were largely unaccustomed. One central fact in all of this is that Man came to Earth from a realm of

consciousness and energy, not from another system within the physical universe, nor as the product of evolution from so called lower life forms on Earth.

Several experimental histories were pursued, one of which resonates closely with the version of the Human Race that you are a part of. This was the Elder Race, out of which the Human Race was born. The Elder Race was not a totally uniform expression, for at different times it was made up of individuals who were neither male nor female in a physical sense, who expressed both aspects while in the physical. Obviously, they did not increase their numbers in the manner that you have grown to love and enjoy. Theirs was a more direct projection of the Self into the physical, a completely volitional act.

It was not as simple as it sounds, for it entailed the use of a method that choked off the flow of energies from the level of consciousness that originated the projection. There was no way that the natural energy levels of Man could be maintained in the physical. It was a troublesome period for these forerunners of Humanity, but the beachhead was established. The new frontier of the physical was opened up for further exploration and creativity.

Some members of the original pioneers began to experiment with physical forms modeled after those that they found around them in the physical levels of Earth. They experimented with both male and female forms, while tending to maintain both aspects as closely as possible to the physical. It was often a balancing act to remain both physical and functional all at the same time. The next step was to experiment on a broader basis, but before going into that, a little background material is required.

Our Three-fold Source

The physical universe is but one facet of that which is called Creation. It is not the only universe of matter, for there are spectrums of expression within this Creation, filling out infinite possibilities. The universe of matter in which you reside is far more than is apparent to you, for it is born out of the inner cosmos, carrying its Self upon its own inner reality, just as you do. It cannot be fully understood using the concepts of your contemporary sciences. It is a manifestation — a multi-dimensional manifestation of consciousness. One key to the puzzle is in the nature of time and the tempic field.

Creation originates in a three-fold Source that exists outside of both space and time, both of which emerge out of the Source. Man Consciousness is a primary substance of the one Source, providing the material out of which you create and manifest the reality of your Self. The reality out of which Creation emerges, like a living tree emerging out of Earth's abundance, is the homeland of Man. It is indescribable. The seven-fold nature of Man that was outlined in Chapter One is specific to this creative system. The means and patterns of expression of the Source of Creation are portrayed and expressed in all things within Creation.

The first three items of the seven-fold nature of Man sum up your personal inner reality as Creator. For reference, here they are again:

- The Active, Outreaching Principle of Power
- The Principle of Omniscient Creativity
- The Principle of Transcendence, The Christ, Love

The first two of these are the basic aspects of the Source which underwrite Creation, substance and form, power and creativity, appearing in different clothing in each situation, but expressing always the base reality out of which all has emerged. Naturally, male and female, as you understand these terms, express these dual aspects, but it is not as cut and dried as it might initially

appear. There is a complexity and multidimensionality that enters into the picture. I shall try to give you a feel for it.

At the innermost Source level, Creation exists as a three-fold expression: substance, form and transcendence or purpose. There are many words that can be used here, and all of them are inadequate. Out of the Source flow the many levels of consciousness and expression, dimensions of being and experience that carry the same three-fold aspects, the archetypal roots of all things. Keep in mind that I speak of your Self as much as anything. What is being indicated here is the vast, beautiful, multidimensional area of your inner Source, for this is what rises to meet you on the Path of Transformation. It is not something to be feared and it cannot be avoided.

The Principle of Power may be called the “Father God Principle”. Likewise, the Principle of Omniscient Creativity may be called the “Mother God Principle”. To keep the nomenclature consistent, the Principle of Transcendence may be called the “Son Principle”. Now all of these terms and any other that may be employed, are inadequate in some ways and useful in other ways. Your attitudes and beliefs about gender roles and sexuality, plus the limitations of your language will tend to clutter up the intended meaning of these terms. But, I must use some words. Hopefully, as we progress through this material, there will be some expansion out of the linguistic pigeonholes that may develop.

Very simply put, the Father God Principle is the desire, the passionate desire and power to come into manifestation. It is the sustained and nameless force behind all. The Mother God Principle is the omniscient creativity of the Source, which provides for actual manifestation of all that is within Creation. The Father God Principle is expressed as the substance out of which Creation is created. The Mother God Principle is expressed in the forms, designs and the ongoing creativity.

The Transcendence Factor, the Son Principle, The Christ, or whatever label appeals to you, is the element that provides the *raison d’être* for Creation. It provides direction and purpose, for Creation is not static, and is most definitely going somewhere, although that somewhere is perhaps the greatest mystery of them all. If this were not the case, then there would be an upper limit to creativity and to Creation. This is not the case. You, the Creator, are without limits.

The Son Principle brings about the increasing degrees of inhabitation in all of the infinite means of expression. The Creator comes to express and to know its Self from infinities of unique perspectives, and from these, expands to utilize the whole of Creation as a totality for a means of expression, creativity and experience.

The individuality of each unique point of expression — you, the Human individual for instance — is never obliterated or violated, but is expanded and enhanced. The object is not to have every one of us and the rest of Creation stirred back into an amorphous condition of cosmic oneness. Something new comes into being, something that never was before. In some respects, the Transcendence Principle, the Son, The Christ, is the result of the process of Creation as well as being the Source, the purpose and the direction for it. I allude to things which cannot be stated other than in riddles and ambiguities.

The Beginnings of a Physical Race

The original experiments that come under the general title of “the Elder Race” dealt with the problem of incorporating the Mother God/Father God Principles into a group format as opposed to being contained in a purely individualized presentation. All of the original individuals of Man who became involved in the initial experiments, carried the dual aspects of Power and Omniscient Creativity, Father God and Mother God, male and female, within their Selves. Somehow, these archetypal elements had to be exteriorized into a group presentation, that is, the implementation of a

race at the physical level.

This process originated in that reality that is outside of Creation. It was then lowered down through several layers of consciousness and domains of manifestation. Briefly, it entailed the coming into the first degree of Creation of two separate and distinct points of inhabitation. The first degree of Creation is the foundation of all that is with-in Creation, the actual roots of power and creativity.

Within this primordial consciousness, one point of inhabitation was established in the Mother God aspect, while another point was established in the Father God aspect. I emphasize that these two points are unique and not simply two halves of a whole. Between them was held the fullest creative potential and authority possible in this system of creativity. These two points of inhabitation, actual individuals expressing and inhabiting an order of consciousness unimaginable to you, were and are the archetypes of Man and the foundation of both the Elder Race and the present Human Race. These root consciousnesses are not simple, but expand into complex spectrums of expression, providing for the Self-expression of individuals without any chance of duplication. Creation is open-ended.

Eventually, the two archetypal points of inhabitation at the Source level brought about physical expressions on Earth. This is oversimplified, but it did happen, and things have not been the same since. The Racial Source is seated outside of Creation, but within Creation is founded upon the focus held by the two, unique points of inhabitation at the first degree of Creation. As the Racial Source unfolded its Self through spectrums of consciousness and energy expressions, the means of inhabitation was provided for innumerable individuals. The eventual result of this activity was a group presentation of the primary elements of the Racial Source in physical expression upon Earth.

Vested within all expressions of all kinds, in all domains, is the Transcendence Factor, enabling the innermost mystery, to establish its presence within Creation. It establishes the most ultimate framework for all things to express ultimate congruence with ultimate truth, although this truth is beyond thought and words. We call this the “Concordance of Truths”.

The original members of the Elder Race developed an affinity for Earth environments by experimenting with forms of expression based upon those that they found around them, both physical and non-physical forms incidentally. Plant and animal forms of incredible diversity were given trials. There were for example, some insect-Man experiments, which were part of the scene of those times. It was important for these individuals to gain a great body of experience within the domain of Earth expression. This body of experience was essential to the establishment of Man Consciousness in the physical.

You have been thoroughly conditioned to identify your Self with the Human physical form, but within your larger reality, when you are able to explore it, you are going to be pleasantly astonished by the beauty of other kinds of form expression that you may have used both in connection with Earth and in other areas of Creation.

Earth and all of its native inhabitants, both physical and non-physical, are expressions of a type of consciousness that is qualitatively different from Man Consciousness. We call this “Devic Consciousness”, a less complex kind of consciousness than Man Consciousness. Whereas Man Consciousness has the innate capability to relate equally well with both the outer form and the inner Source level, Devic Consciousness relates almost exclusively to the outer form of expression. Each kind of consciousness in Creation has its own inviolate characteristics and fulfills its own specific purposes according to its nature and its relationship to All That Is. In stating this, there is no implication of inferiority or superiority in the scheme of things.

There were at the time of the Elders, species of highly evolved animal life, which provided a large enough interface of Man-Devic interaction, so that the experiences could be anchored more effectively, with increasingly finer tuning. By developing form approximations of these species, individuals were able to socialize, take mates, crossbreed, and generally to participate in Earthly life to the fullest possible extent. The result was a veritable potpourri of physical manifestations of Man.

On a path of convergence with this body of experience, the Racial Source unfolded its Self through Creation, and began to introduce its Self into the sub-strata of physical Earth. There was a point of decision in which specific avenues of further experience were selected.

The versions of the past which most closely resonate with the present fact of the Human Race was one such avenue of experience that was selected. In other words, the individuals of Man who initiated this project, brought about physical and non-physical manifestations of their Selves in and upon Earth, across a spectrum of possibilities that became increasingly refined and defined. We shall focus on a specific area of endeavor out of all of possibilities that existed, and that is, that version of the Elder Race of Man, which resulted eventually in the current Human Race of Man.

The specification of experimental forms coincided with the intrusion into the physical of the structure of the Racial Source. This manifested as a basic division of the Race, with the physical population divided into two primary groups, both of which contained male and female members. The Father God aspect of the Racial Source was anchored into one group. We shall refer to them as the “Cains”. The Mother God aspect was anchored into the second group, the “Abels”. There is deep validity to your familiar biblical terms. There is, however, a need to update things and to remove some of the layers of illusion and confusion that have been in place for a long, long time. We could also use terms from many other religious traditions of Humanity, as many echo the actual events of the remote past of Humanity. The terms used in this book are illustrative of this point, and in no way are they exclusive.

Therefore, to continue, the archetypal aspects of the Racial Source can be called Adam and Eve. The physical manifestation of these two points of expression provided a group or racial structure for the individuals who pioneered this project. Cain and Abel were the two primary segments of the original Race, the Elder Race of Man. The presence of the inner realities was predominant in this Race. One of the main problems encountered was the fact that it was difficult to synchronize with the outer physical world. Over a long period of time, the energy levels of the Elder Race were significantly lowered to ease this problem, and to facilitate the meshing of the guest Race of Man with the world of the Deva. Equilibrium of sorts was finally achieved.

The Garden of Eden, the Inner City of Self, is the domain of the Racial Source, the archetypal Father/Mother God inhabitations, out of which the Cain/Abel structure of the Racial experiment was derived. In leaving the Garden of Eden, there was never any original sin, but a complicated, often difficult attempt to descend into the world of matter. It is a testament to the vitality and the adventurous Spirit of Man.

Lemuria

The departure from the Inner City of Self, Eden, was not accomplished by simply achieving expression in physical terms, but also through the lowering of the energy levels of the Race, the lowering of Man into Earth, which tended to dim the immediacy of the inner reality, allowing members of the physical Race to focus upon the exterior reality. A gap between the physical and non-physical began to appear. This dimming of the presence of the inner Self appeared as a

pronounced mystical element in the people of those times. This was the legendary Lemurian Race. There were several versions of it.

The present Human Race has emerged out of this broad, largely experimental background and has more than one version of its Self. In the total picture, individuals can partake of more than one version. Racial history is impossible to describe linearly. I hope that point is becoming clear for you. In a manner of speaking, the Racial Source moved into creation from that reality out of which Creation itself emerged. In doing so, it partook of the structure of the Source, and brought this to bear upon the experiments of the Elders. I speak of actual individuals doing all of these things.

There were deep and intimate ties between the members of the Elder Race and the individuals manifesting the archetypal Source of the Race. It is difficult to describe this for you, but it can be thought of in this way: Specific individuals functioned in key roles, developing a continuity of relationships within their own multidimensional Inner City of Self, spanning all of the domains and dimensions of expression between the Racial Source and the sub-group of the Elder Race that we have called the Lemurians. So, when I say that the Racial Source descended into the physical, I mean that the spectrum of relationships, from the Source to the physical Lemurians, was set into place. There exists then, a significant polarity between the Racial Source and its physical expression in your time, the Race of Humans.

For the people of Lemuria, the Racial Source manifested physically as the division of the populace into two groups. The ensuing societies and civilizations became structured upon this basis, and an unresolved tension between the two groups occurred. In short, the societies of those times were highly structured.

The overriding long-term plan has been to provide the setting for the outworking of the Principle of Transcendence, the third aspect of the Racial Source. The plan has been to do this while maintaining the viability of the physical expression for the Race. Your present period of history is seeing the Principle of Transcendence move into place substantively in a Racial context. It has taken all of the intervening years to create the fertile seedbed for this auspicious event. I speak quite literally of millions of years.

The Elder Race, and particularly the Lemurian Race, established the groundwork for succeeding degrees of refinement with respect to the incorporation of the Racial Source into the structure of the physical Race. This being completed, the destruction of Lemuria set in, deliberately, as the result of success rather than failure.

Atlantis

With the disintegration of the civilizations of Lemuria, there was a transitional period, in which new seeds were planted in the freshly plowed soil, to speak figuratively. The next general period of civilizations that arose was the Atlantis period. This epoch of Racial endeavor dealt at the inner levels with the dichotomy of the Racial Source and the physical Race. Specific energies native to Man Consciousness were closed off, while others were amplified. This allowed for an acceleration of the process of exteriorizing the physical Race, enabling it to become fully anchored into Earth. The actual outworking of this effort, within the various societies and civilizations of the times, saw a technical and scientific brilliance demonstrated, that by far outpaces the scientific expertise of your modern world in many ways.

Socially the Atlanteans further developed the stratification of society that characterized the Lemurian civilizations. At the ground floor of both of these Racial expressions, there was no such thing as the equality of individuals, in a social sense. The discrimination against minority groups was rampant. Atlantis was far more complex in this way than was Lemuria. One day I shall

go into the details of these things more fully. It is important for now to consider that this stratification of society upon disrespect, prejudice and exploitation was a means used to bind and contain racial energies into the physical - an anchoring. In this, all individuals who have participated in these apparent violations against Self and others, have done so voluntarily, to enable deeper purposes to be fulfilled. These purposes have been fulfilled. The release from bondage, for all individuals of the Race, has begun.

During the Atlantis period, especially towards the end of the epoch, certain highly innovative design elements were incorporated into the structure of the Race. The Racial purposes of those times were centered on the task of consolidating the imbedding of Man Consciousness into a physical reality of a relatively low energy state. This involved the development of the appropriate physical body and the incarnational patterns to be utilized along with the body of matter. Both of these efforts were achieved through a cooperative arrangement with the Devic Kingdom.

As noted, Man came into Earth under a kind of guest status, as Earth and all of its many inhabitants, seen and unseen, are primarily a Devic household. The relationship between Man and Deva has been fundamental to the unfolding of our histories with Earth. The loving, cooperative venture of Man and Deva has been of mutual benefit despite the apparent struggles that have outwardly characterized this relationship. The conflicts between Man and Nature are underwritten by deep understanding.

Devic expression, having a propensity to relate with the external form of expression rather than the inner Source, is adept at functioning at low energy levels. Further, Devic Consciousness utilizes a group soul presentation, whereas Man Consciousness strongly emphasizes individuality. Man borrowed from Devic patterns of expression in perfecting the design for the Human Race. The final product of all of the experiments, consultations and deliberations was the revolutionary concept of the Human Race - a startling, elegant and innovative design.

The Human Race Defined

The agreed upon structure of the Human expression, currently in use, is partly Devic, partly Man — a true, hybrid form. The physical body is a distinctly Devic expression, adapted from Devic patterns, and a direct manifestation of Devic Consciousness. Man Consciousness inhabits the outer Devic structure. Man has also adapted the group soul patterns used by the Devic Kingdom. This shows up as the incarnational patterns used by individuals, essentially a group soul format. Racially, this has expressed through the evolving of a Racial Soul, the mass consciousness of the Human Race. With each individual then, there is a package of incarnations with an “Oversoul” which relates with and expresses through the total array of incarnations that are spread out through time. Each incarnational package is contained within the mass consciousness of the Human Race, a secondary group soul manifestation.

The Transformation process can be seen as a process that allows the individual to become separated once again from the mass consciousness, to function as a fully-fledged expression of the Source within Creation, and to do so without leaving the physical. The Human Race is an elegant and creative device for getting into the outer limits of Creation, so that you, the Creator, can re-awaken in that place.

The Elder Race, the Lemurians, and then the Atlanteans explored the relationship of Man and the Nature Kingdoms of Earth, refining this relationship over the millions of years involved. Towards the end of the Atlantis period, the relationship was clarified, the selections and decisions made, and the Human Race was defined structurally. These decisions and plans were implemented first at

inner levels, and then brought into physical expression. Much of this activity has been brought through into your world in the form of fairy tales, fables and mythologies - weak echoes of events and experiences that actually occurred in your remote past.

In terms of Man Consciousness inhabiting the outer Devic form, the Mother God Principle was anchored into the interior soul element of the incarnational package, while the Father God Principle was anchored into the exterior, outward looking aspect of the incarnations. There is also, a weak resonance between the physical female body and the Mother God Principle and between the physical male body and the Father God Principle. The overall design contains a distinct dichotomy between the inner and the outer, the subjective experience and the objective experience, and between the female and male physical bodies.

One of the main features of the Human Race of Man is that it has allowed for a further, radical lowering of the energy state of the incarnations. With these developments, the Atlantean epoch came to an end, and the first true Humans began to create their histories.

Because of the degree to which the final versions of Atlantis were disoriented and destroyed, inwardly and outwardly, the Human Race started out with very little of the benefits accrued by the Atlantean civilizations. The destruction of Atlantis was not an overnight affair, but was spread over a period of thousands of years. It was accomplished by physical calamities occurring conjointly with the accelerated lowering of the energy levels of the Race. It was a squeeze play of global proportions, executed with artistic flair. At the surface, the last phase of Atlantis exhibited destructive events discontinuously, as the structures of the societies were gently ruptured, with the physical calamities increasing only in the final days. By that time, the inner disintegration and the lowering of the energy levels were in an advanced stage.

The Human Race of Man emerged out of this background, in a state of prearranged, premeditated isolation from its inner reality. The process of exteriorizing the Race, of becoming firmly rooted into physical Earth, had been accomplished.

Let us summarize things briefly before continuing. Individuals of Man Consciousness established the initial experiments, arriving in Earth from the Inner City of Self, establishing physical forms, an outer Racial expression, and an inner Racial structure, based upon the structure of the Source of Creation. The goal of providing a secure anchoring of Man into Earth, in an exteriorized physical structure, was achieved by the advent of the Human Race of Man, a hybrid design. The separation between the inner and outer realms was clarified, with Father God energies being emphasized in the external physical level, and Mother God energies being emphasized in the inner soul aspect of individuals, as well as the mass consciousness.

The design of the Human Race is unusual for Man, as Man is strongly individualistic. It is even more unusual for Man to identify almost exclusively with outer, external forms of expression, as do members of the Human Race. The average individual of your world identifies more with the outer form, the physical body, than with the inner Self.

It is not the case that the so-called Human condition is the result of a series of evolutionary accidents, happenstances, a process of natural selection or a fall from grace. The Human Race is the result of a daring leap into the outer reaches of Creation, a de-liberate lowering of Man Consciousness into this place, in order to more fully and creatively manifest the Source of All That Is. The design is radical, daring, innovative and elegant. It is the work of great artists. The very fact that you are present in the physical is a powerful statement about you. Consider this. You have achieved in great

measure, simply by getting to where you are.

The initial period of Human history centered upon the task of settling the Race upon its Earthly foundations. Let us look at one particular area. The Egyptian civilization that is part of your ancient history, emerged in the last stages of this post-Atlantean settling period. It was the disintegrating leftover of a bridging operation between the demise of Atlantis and the new Human civilizations. A few such areas of the Human Race were able to maintain a higher level of consciousness while the world about them was lowered into a state of contrived isolation from the Inner City of Self. These areas were like islands of light and Spirit, surrounded by the darkness of Humanity in its most primitive form.

This phenomenon often presented itself in the form of a lineage of priestesses and priests, who were attuned to and in touch with the inner lands of Self. In a practical sense, these individuals provided a foundation of stabilizing energies for the Race as it settled deeply into the dark night of its bewilderment in matter. They were totally immersed in the societies of the times, but inwardly they formed a separate society of Spirit, a part of the larger populations, but functioning in a completely different manner. There were several such lineages of the inner realities in physical expression during the settling period. The time came when this element was withdrawn into the inner, non-physical realms, while the physical Human Race was left to explore its Self and its outer reality, under quarantine.

Human Patterns Of Incarnation.

Within the Human incarnational pattern, an individual initiates a large array of incarnations that are spread out through time. They can be either male or female, at least in most cases. Within the larger pattern, the distribution of male and female bodies expresses the balance that exists within the Total Self, the poise and grace of the inner Self, while an individual incarnation emphasizes only one side of the polarity. Additionally, through the implementation of a large number of incarnations, each one at a low energy level, it is possible to infuse the larger pattern with a great intensity of energies without disturbing the surface activities.

Incarnations are initiated from inner realms which are not bounded by time as is an incarnation itself. It is therefore erroneous to regard the incarnational package, through which you express your Self, as being sequenced linearly in time. Incarnations are arranged according to an inner pattern, involving several interrelated sequences. For example, an incarnation in the nineteenth century might actually precede one in the fourteenth century in terms of the actual inner sequencing. Further, concurrent incarnations of the same individual do occur, although from my point of view, they may each be in a different segment of the inner sequence of incarnations. There is no such thing as a linear, time-based ordering of the incarnations, prefaced upon incremental progression towards enlightenment. The so-called wheel of karma is a distorted echo of the true reality of the inner Self. The patterns of lifetimes used by the Human Race are complex. Each identity within the pattern is unique and inviolate, but functions with deep and active resonance with each other identity of the larger structure. There does occur, in some time, an incarnation that is the focal point for the whole pattern, and this kind of situation is relevant to our discussion of the Transformation process.

Let me use my Self as an example. In the latter days of the Atlantean experience, I incarnated in the form of a physical woman of those times. In that lifetime, the movement was begun into the means of expression that I now use with you. It was a graduation. I have also incarnated rather frequently since then, but from my point of view, these subsequent incarnations preceded my final incarnation as a woman of Atlantis. My most

recent incarnation, in your terms of time, was as the maternal grandfather of my partner who types these words. I do get around, as do you.

Sexual Dynamics

The Human Race is in the final days of its current means of expression. This does not mean Racial extinction, but a radical switch into a new mode of expression while in the physical. The surface imbalance of Mother/Father God energies is being corrected within individuals and within the mass consciousness. In response to this, the fossilized notions of maleness and femaleness are becoming upset and disorganized in your world. Collectively you are grappling with the many problems and dilemmas of your sexuality.

There are two processes at work here. One is directed towards individuals. This involves a personal reacquaintance with the Inner City of Self. The second process is focused upon the total mass consciousness. In this, there is an influx of Mother God energies to correct the historical imbalance at the surface of the mass consciousness. The effect of this is the dissolution of the rigid structures of your societies and personalities, to prepare for the period of Transformation. The two processes are closely meshed, each contributing richly to the other.

Your world is currently engaged in the activity of removing the covering from your sexual nature, sometimes painfully, sometimes with great heights of pleasure. Within your Self, you maintain a dynamic equilibrium of male and female, Mother God and Father God elements, but outwardly you inhabit a highly polarized structure. These personal structures are the foundations of your societies. The inner lands move into closer proximity to the physical and the foundations of your societies are giving way. As this process advances, sexuality and its place in the world are going to be a little different than they are currently. The role that sexuality plays in the context of social roles will undergo an upgrading during the tumultuous activities of Transformation that are underway, however hidden these activities may be to most of the population of your world.

The physical polarities will be maintained. That is, there will still be the usual female and male physical forms, but there will be an overshadowing by the emerging elements of the Inner City of Self. Sexual expression will be freer and richer, but it will be one of the lesser means of intimate contact between individuals. A side effect of this unfolding will be the disappearance of sex-related diseases within the physical Race, but between now and then, much activity.

Your recent history has seen the movement into the mainstream of your societies of so-called sexual deviates. The coming out of the closet by homosexuals, bisexuals and others, is totally a part of the Transformation taking place in your midst. These individuals provide a valuable service for the Race. Their activities are truly multidimensional and essential in these times.

In this period of re-balancing the Mother/Father God energies within the mass consciousness, shock waves are generated as the inner reality meets the rigid, outer structures of personality and society. The liberation of sexuality and sexual roles cannot be stopped, but in all of the associated activity, there is some accommodation required for the impact of the de-stabilization of inner and outer structures which are being renovated and improved. If you can imagine the Race in the form of a Polynesian canoe sailing through stormy seas, then you can intuitively understand the role played by individuals such as gay and lesbian people. They are the outriggers keeping the canoe from tipping in the restless waters of Transformation. They contribute immensely to the stability of the mass consciousness by accepting and fulfilling their sometimes difficult roles in your world.

Some of these people portray very critical roles in the unfolding of the inner reality, as they act on behalf of the mass consciousness, perhaps unknowingly at the surface of their awareness, but fully knowledgably within their Selves. I suggest that among them are individuals of truly heroic stature.

The AIDS epidemic is an interesting phenomenon. Among the many individuals who have chosen to use this means of departing from physical expression, many remain in extremely close proximity to the physical, intentionally and with purposes aligned with the overall Transformation process. They constitute a vibrant, energetic team of helpers, very close with many

Source outside of Creation and the physical Race was one of the primary issues dealt with in that experience. The exteriorization of the Race was heightened, preparing the way for the Human Race of Man. Prior to that, in the Elder Race, the inner realities were a fact of daily life, often present to the degree that they so thoroughly overshadowed things that individuals had difficulty functioning in step with the outer reality.

The Human Race has experienced an extremely exteriorized encounter with the world of matter in which the inner lands have been walled off from the physical by layers of superstitions and illusions, as well as by a steep consciousness gradient. This wall has become rigid and has become a bit of a fossil. It has lost its elasticity and mobility. The creative process of Transformation brings the inner reality into contrast with the outer structures. A collision of sorts is inevitable, and the outer structures must give way.

The issue at hand is not the outright demolition of society and personality, for this would leave the Race unable to continue its adventure into matter. What we are all doing is fostering a carefully orchestrated intrusion of the Inner City of Self into the exterior, objective world. In this, it is absolutely necessary to have physical individuals go through the full process of Transformation while they remain intact and functioning in the physical. The outer structures must be replaced eventually. There are several layers of events and processes at work to facilitate this.

We are not only looking forward to a balance between the inner and the outer, but a marriage of the two. At this stage, any description of the end product would be of little use to you, but do understand that physical members of the Race are equal partners with those of us from the Inner City of Self, and that all of us are the recipients of the benefits of the process.

Fantasy, imagination and intuition are your keys to the Inner City of Self. They are remnants and remains of innate abilities and qualities that lost their vitality with the lowering of the energy levels of the Race. They were then encumbered with the inevitable conditioning that arose out of the exteriorization of the awareness of physical individuals. Thus, while I use these three familiar words, fantasy, imagination and intuition, you are not in a position to truly appreciate what it is that they really are.

The Inner City of Self is your home. It is multidimensional in ways that description in words could never indicate. In many ways, it is totally alien to any experiences that you may have had in your world, and yet you would recognize it immediately. You left that home voluntarily, to enter into that rich field of creativity that is the Human Race.

When individuals of your world die, they become in one way or another acquainted with the outermost periphery of the inner lands. While functioning through an incarnational pattern, they normally remain in close proximity to the physical. The Transformation process includes far more than the usual afterlife experiences. It is a Homecoming event for you personally, and for the Race. You do not have to leave the physical to join in the festivities, for Earth and the Race are, in fact, contained within the Inner City of Self. You may not have recognized this, but it is so. The coming together, the wedding of the inner and the outer, is at times a confusing, contradictory, disorienting experience, but it is also one of revelation, freedom and renewal.

You are so totally overwhelmed by the immediacy of the external, objective reality, that you do not appreciate the sheer magnitude of your Self as you truly are. You are a vast, multidimensional being, but so intently focused upon the outer world that you do not know this, for the time being at least. As you are temporarily bewildered in matter, you have been busy shoring up the perceived boundaries of your Self with personal beliefs that are inconsistent with your true nature. The residue of centuries encrusts you. You have placed ultimate conditions and limitations upon your Self, calling them scientific, common sense, religious and practical.

Dreams are part of your sleep experience. There have always been those who looked to dreams for answers and truths. Many have been moderately successful in this. However, this area of experience has generally been considered to be less valid than experiences in the outer world of matter, and the language of dreams has been poorly translated into alphabets of limited awareness. I suggest that you are in for a few surprises in this area. The land of dreams is one of the linkages between the Inner City of Self and your exteriorized awareness. Your subconscious is not something to be feared, repressed or controlled. It is the fountain of your creativity. It is alive, creative and incredibly beautiful. Call it your soul if you wish, but sin has no part of it.

In effect, the inner realities became submerged during the process of exteriorization, then walled off by the morass of belief systems that have prospered over the millennia. Your dream life and your three keys to the Inner City, fantasy, imagination and intuition, are the few remaining holes in your objective experience.

Education in your world, both formal and informal, tends to try to plug these holes - aptly symbolized in the story of the little Dutch boy who bravely kept the ocean waters at bay by plugging a hole in the dike his own finger. Perhaps it would be better for you to emulate a delinquent Dutch boy, who observing the leak in the dike, understands its meaning, and allows the trickle of water to become a stream, and then a torrent.

Fantasy is far more than being an escape from reality or a form of denial. It is far more than a psychological safety valve. In these statements, I include all kinds of fantasy, even those that you would consider to be problematic or part of conditions that you call mental illness. I recognize that some individuals do have problems in this area, becoming trapped and overwhelmed by inner activities. These are real problems for you, but as part of the Transformation, new solutions will become evident — solutions which utilize the potency and creativity of fantasy pursuits.

Over the last epoch of Human history, with the incredibly low energy state of the incarnations, the possibility of opening pathways into the Inner City of Self through the use of fantasy, has been limited in the extreme. Even so, these activities have been at least a maintenance function, preserving that area of your Self, although somewhat dormant at the surface, for the current period of Transformation, during which it begins to flower and to show its true colours. Fantasy activities are going to unfold into the exuberantly creative and healthy pursuits that they really are. The energy levels of individuals and of the Race are being raised radically and this process is accelerating. That area of your Self, which has been submerged for so long, will finally rise up out of the waters of the subconscious.

Fantasy is like a little flag that waves in the wind marking the location of a long buried treasure. The flag and the treasure are related, though they are not the same thing. Fantasy, imagination and intuition link arms and entwine themselves one with another. They are your means of utilizing the destining power vested within you. They are your means of synthesizing a broad expanse of inner experience. While you function differently in the sleep state than you do during waking hours, there still remains an active interface between the inner and the outer which must be accommodated when you are awake. This is taken care of by the ability to fantasize, imagine and intuit.

Inwardly, you relate to the total incarnational package that you use to establish your Self in the physical. This is so, even while you identify with your immediate physical expression and personality, and rigidly confine your awareness to it. Other aspects of your Self that exist in other times and places, are in reality, viable expressions of your multidimensional Self, in effect, co-existing with your current experience. It is not the case that you have jumped from one lifetime to another, in the fashion demanded by so many theories of reincarnation. The level of consciousness from which you originate your incarnations is not bound by time, but utilizes time creatively and willfully. You are multidimensional. All of your Self, as you are in many physical lifetimes, provides a vehicle through which you creatively explore your own

nature, to finally emerge as you are and always have been, but with the fruits of Spirit that result from your experiences in the physical. This is the Transformation.

The individual that you are in the physical at this moment interacts with the larger package of expression and with the Source of that pattern within you. Fantasy, Imagination, and Intuition always resonate with that larger fact of expression, and while it is not recognized by you, and while the inner communion is most often hidden and disguised, the resonances are real. They enrich the creativity of each and every incarnate focal point of your being. In repressing these activities, the door is closed upon an inner wealth of phenomenal proportions.

The societies of the Human Race of Man have, each and every one, bound up your vitality in rules and regulations, moralities and dogmas, customs and habits. This has been both necessary and purposeful. I have partaken of these experiences too. Your inner vitality finds expression for its Self, even while being imprisoned within the constraints of the incarnate state. The life forces, being limited and distorted within rigid, outer structures, find a measure of release and expression through fantasy, imagination and intuition. There have been creative elements to this, but destructive ones as well. Disease is a manifestation of this condition, but so is the work of great artists.

Beneath the covering of your societies and behind the veils that separate you from the Inner City, you relate intimately with other individuals, in ways that have no equal in your world. Now, this inner intimacy is real, and it cries out for expression. Sexual activity has been a dominant means of bridging the isolation of the incarnations. Sexual fantasies express or echo the fact of deep, inner relationships with others of your world, when it has not been possible to fulfill these inner relationships within the conventions of your societies and at the low energy levels of the incarnations. The real issue is the desire for intimate contact, the desire to bring the inner intimacy out into the physical world.

As you become swept into the process of Transformation, the inner relationships begin to find room to express in your midst. These new ways of relating will usurp but not replace sexual activity. Sexuality will find its natural place in a larger spectrum of abilities to relate with other with profound intimacy. So, there is depth and meaning to even the most mundane sexual fantasies. They are the outer edge of deep, inner ties.

There is a destining power within you. At its most bland, it is called the “power of positive thinking”. I do not wish to reinforce that or any other particular orientation or collection of techniques for bringing wealth, happiness and spiritual enlightenment to you. Rather, I reinforce the freedom and creativity that is your own, that is brought into play when you begin to refrain from editing and censoring your own abundant imagination. I proclaim the safety, the beauty and the power of fantasy, imagination and intuition. Those many liabilities that you may see in them are simply the high cost of repression and conditioning.

It can be fun too. Young children are more adept in this area than are the wise adults around them. They move in far greater attunement with their own Inner City of Self, but they are also more vulnerable to the distortions of others. Children use their fertile imagination to try out possibilities, to work out solutions, to discover how to function in the world, and to cushion their own emerging awareness. It is a delicate docking operation. They gently ease their Selves into the outer world, going through a personal process of exteriorization, during which the inner activity is essential.

Fantasy, imagination and intuition provide the means through which members of the Inner City of Self makes contact with those of you living in bodies of flesh. Hidden in these mental activities are the resonances with the larger lands of Self. Once the initial

bridging is established and consolidated, more productive contact may be unfolded. The veils, which separate you from us, are ruptured in the activities of fantasy, imagination and intuition. By way of example, I appeal to your ability to your fantasies, your imagination and your intuition, through these words, to anchor the contact between you and I, which occurs as you read my words.

As the energy levels of the Race are being anted up in the current historical period, the potential benefits of fantasy, imagination and intuition are likewise on the increase. I will not provide you with techniques, but simply encourage you to find ways to allow freedom of expression for these neglected aspects of your Self. I do not leave you with a list of rules with which to govern your behaviour, assuming that you stop censoring your own mental activities. This is a creative problem for you, and I would not intrude into your personal domain by laying down a new order of law, rules of behaviour, or a code of ethics. I have only hinted at what is really involved here, but you shall provide the rest for yourself. My purpose is not to structure your reality, inner or outer, for you. The keys to the City are in your hand. Above all, enjoy yourself. A serious effort is often less than productive. I close this chapter with a single, simple word, to be received by your plentiful imagination.

Greetings.

Chapter Five The Mysterious 'YOU'

The histories of the Human Race and the inner structure of the Human expression of the Source are a personal aspect of you. The Inner City of Self is the new frontier that meets you, not in abstract philosophical terms, but in the personal and private moments of your daily life and especially in your relationships with one another. The Inner City of Self, the mysterious you, is not sitting idly, waiting for you to accidentally trip over it. You rise to meet each other, to penetrate the walls that separate and divide the physical and the non-physical.

From these statements, it would appear that within your Self there is both a duality and a oneness of being. In fact, there is a multiplicity, and the oneness of Self supports the plurality of expression and identity. This is a deep and complex subject. Any explanations must be incomplete for your nature is essentially creative and open-ended. Let us look at the mysterious you to see what is there. You will discover, by and by, that the Inner City of Self is just a little more than right under your nose.

Your Body of Relationships and Circumstances

You not only have a physical body, but a body of thoughts and feelings, which function according to well defined patterns, which themselves undergo constant change, as each and every experience alters the patterns. This is the personality body, essentially a jacket of specific personalized energies. Some of these energies are detectable and measurable with instruments of your current technology, but some are not. Certainly you are able to observe the effects of these energies upon your physiology, as in the studies of behavior, psychosomatic medicine and biofeedback for example.

Few of your scientists consider the possibility that the energies of the personality, the mental and emotional bodies are not a by-product of the physiology. They do observe a portion of the interactions of these energies with matter, but they tend to insist that matter precedes the

personality body causally. I suggest that it is the other way around.

You inhabit another kind of body as well, and without paranormal abilities, you are able to observe and to describe it. You inhabit a set of circumstances and relationships, the whole domain of your interactions with other creatures, people and phenomena. While you may not have considered this set of conditions, circumstances and relationships to be a body, it is in fact a body that you have created for yourself, deliberately, that expresses your creativity, and that provides the medium for self-growth and expansion for you. Your body of relationships, for instance, does have a shape, a state of vibrancy and health, and it is contiguous in time. It grows and develops. You will always find your Self within this body.

The particular relationships and circumstances that you experience in the course of your life are neither accidental, nor strictly pre-ordained conditions over which you have no influence. You have acquired the particular body of relationships unique to yourself, by choice, and by partaking of opportunities to co-create in that medium with many, many other individuals.

Relationships, circumstances and life events occur first within the lands of consciousness. Secondarily, they are lowered into physical manifestation. You do not live in a randomized reality, but one that is created under the destining authority of Man Consciousness. The creation of an event involves the participation of several levels of consciousness, even though your awareness is temporarily limited to the exteriorized, outward looking aspect. Your thoughts, feelings and personality provide much in the shaping of your personal experience of the world.

The origin of your body of relationships is the Inner City of Self. Within the Inner City, there are spectrums of consciousness that furnish the many and varied aspects of your relationship body, out of which the events and experiences of your life emerge, co-created with other individuals. Events and relationships occurring in observable terms, spring out of the activities within. There are many layers and levels of Self involved in the continuous creation of your physical world and all that takes place within its boundaries. While this may appear to indicate that you share in a lesser portion of the creative process, confined to the circumstances of your life, this is far from true. Perhaps the best approach here would be to consider the emotional, the imaginative and the intuitive elements of yourself.

Thought and Emotion As the Presence of the Inner Source

First of all, an important fact: emotions are not a by-product of the physiology. Certainly there is a deep interrelating of the Human body and the emotions, however, the emotions are in no way caused by the physical body. They are indeed coloured and affected by the physical body, but it is closer to the truth to state that the emotions precede the body of matter causally. The physical sensations within your body are caused by emotional energies.

The emotions are the outer surface, the leading edge of the creative energies that have emerged out of the Source. Emotions do appear to be physiologically sourced and to be reactive elements to events rather than causal. You find yourself experiencing feelings in response to your environment of people and things. We are going to consider an alternative view of the emotions, for the fact that emotions appear to be activated by events and triggered off by physiological stimulation rather than be causal in themselves, is a deliberately engineered effect. It is an aspect of the mechanism by which you personally, and the Race collectively, has been anchored into the physical, to function meaningfully in the tempic field.

Now, you have originated your physical expression, your current lifetime, and all that goes with it, in regions outside of time, as you perceive it. This does not mean that time is absent from these

regions, but that it is a medium of creativity available for use. Within your Self, you are essentially free of time limitations, and able to use the tempic field freely, as you choose. You express this basic fact of life each and every time that you are truly spontaneous in your actions, for true spontaneity is a time-independent state of being. Emotions and thoughts are the presence of you, the Source, in the physical. That is a bluntly stated fact for you to digest as you may.

Although rich and freely flowing emotions are, in your societies, identified with those of you in female form, the emotions are actually the Father God aspect of your inner nature, showing itself in the world. Emotional energies express the desire and the power upon which your viability as individual rests, being manifested however weakly, through a focal point of expression in the physical. Mental activities, especially the intuitive and imaginative elements, are the Mother God presence. These two primary components of Man Consciousness provide the means through which you bring about expressions of your Self in the physical world.

The recent historical epoch has been characterized by a surface imbalance of the Mother/Father God energies. In practice, this has meant that the Race and the individuals in that structure have expressed out of a greater measure of Father God energies than of Mother God energies. The true potential of power and creativity has been held in retreat under the guardianship and authority of the Inner City of Self.

With some qualifications, I could say that the emotions are the presence of your Self as Father God, essentially a potent, powerful spectrum of consciousness and energy. They are not vestiges of a primitive, savage, evolutionary past. The beauty, wisdom and intelligence of your emotions would amaze you, for they speak eloquently of the innermost spiritual realities. What you experience as emotions is the outer edge of you, the Creator. While this aspect of your Self has functioned with minimal intensity at the physical level over the last several thousands of years, there has been a judicious amount leaking into the physical to enable you to exist and to function in that place.

The creative Mother God aspect of your Self has likewise been seated securely in non-physical realms, faintly appearing in physical Humans as thought, fantasy, imagination and intuition. Mother God energies provide for the actual creation of your means of expression and the worlds that you inhabit.

While the reality around you may appear to be somewhat separate from yourself, it is there because you have co-created it, and you do so at this moment, from deep within your Self. The activities that take place within your mind are the outer indicators of your Mother God nature, however weakly these indicators are compared with the full potential, held temporarily in trust within the Inner City of Self. In very simple terms, you and your world originate out of the combined effects of emotion and thought. Those emotions and thoughts that you are able to experience within yourself are the mere tip of a very large mountain, and that mountain, my friends, is the mysterious YOU.

Anchoring Your Self Into Matter

Part of the mechanism through which the Race has established its Self securely within the physical, is the fact of the many, many incarnations of individuals, throughout the reaches of historical time. The sheer abundance of your Self, as you are in many times and places, has allowed the physical to be invested with very potent energies, while the counterproductive effects have been minimized. Thus, you have personally anchored your Self into Earth by implementing a massive base of incarnations, a host of your Self, spread through epochal breadths of time. Some of you have virtually saturated the entire Racial history with your Self. In doing so, you have prepared a vessel for your Self, into which moves the Inner City of Self, in a deliberate and substantive manner — the

Transformation, the Homecoming. It is this movement that I point to, for the time has come for the Race to reap the benefits of its daring and innovative descent into matter, to explore the outer reaches of its own consciousness.

Your physical body is the primary point of reference for you, accompanied by the personality, which together with the body of matter, provides the initial identity for you in your life experiences. This limited identity is always overshadowed by the larger fact of Selfhood, the Inner City. This overshadowing is not ephemeral, nor is it distant. It appears in your world as the body of relationships and circumstances that you inhabit. There is much more to you than a physical body, even within the physical world itself.

There is a platitude in your world that says that the body is the temple of the Spirit. This is not exactly the case from point of view that I enjoy. The converse is true. The Spirit lands, the Inner City of Self, contains the universes of matter — the external worlds. Your physical body lives, truly, within the temple of Spirit.

Your world functions upon some very clever illusions, not the least of which are core beliefs about the nature of the Human individual that have been deliberately seeded into your histories. The time has come for the coverings to be removed, for physical individuals to be acquainted with their true Self and each other in new and powerful ways. I point to the mysterious YOU, and anticipate the not too distant future in which we all will know each other as we truly are.

Chapter Six

Passions, Temper Tantrums & Other Symptoms

The title for this chapter is perhaps a little on the light-hearted side, but I wish to make a small point in this. The actual experience of Transformation will contradict traditional concepts and expectations about spiritual development. While you may desire and expect peace and tranquility, and while you may endeavor to realize these qualities through technique and practice, the Transformation experiences will frequently be of a more turbulent order. Determined efforts to chase experiences of peace and bliss may actually exacerbate some of the more difficult Transformation experiences.

I wish to support and to reinforce all thoughts and feelings within you that tell you that you are safe, and that your nature contains everything that you will ever need. The mistrust of Human nature is an obstacle in your path. It is one of the cornerstones of your societies.

The Human Race is securely imbedded into matter. In this state, the expansive wealth of the Inner City of Self is carefully and cleverly obscured. The means through which this is achieved is complex — attained through the deliberate manipulation of energies that you know as the emotions. These energies currently function through a structure of extreme limitation and impendance. If this were not the case, it would not have been possible to establish the Human Race in physical expression as securely as it is. If these constraints were relaxed for even a second, the Human Race would cease to remain in physical form, Earth would be thrown into convulsion and destruction, and

the experience of all individuals would be unthinkableably horrifying. I raise this not to frighten you, for we deal with this situation in an extremely careful and sensitive manner, in your future, your past and your present moments of time, simultaneously. I simply put forth the concept that there are deep and valid reasons for the limitations that you experience. These limitations will be removed over time, but in a manner that is not only creative and satisfying, but also absolutely safe. The abundantly positive end results of the Transformation are an absolute guarantee. You create this for your Self in your own future as you create your present and your past.

The completion of this phase of the Racial adventure into matter must see the removal of these constraints while the Race is maintained intact within the physical. It was the task of becoming established in the physical that has been the greatest challenge to Man. Overall, it has been a highly successful project, through millions of years of deliberately orchestrated stages of separation from the Inner City. In fact, it has been a superlative achievement. We now look forward to the restoration of the incarnations into the Inner City of Self, the reinstatement of citizenship within Creation, the Homecoming. It will take place in a brief period of time when compared with the ages involved in the descent into matter and the establishment of the Human Race.

The tempic reality allows for the creation of mechanisms that enable the process of exteriorization to take place. Emotions and thought forms create events. Father God energies are the force and the substance of the creative process, while Mother God energies provide the patterns and forms. Emotions therefore initiate and precede rather than follow events as part of the flow of outcomes. As I use the word emotions in this context, I mean the larger reality of them, and not simply the limited experience of emotions of your surface awareness. These statements may contradict your experience of life, as emotions appear most often after events and interactions. Let us try to tease apart the dynamics here.

During the initial stages of setting up your current Race, a great deal of attention was placed upon creating a phase shift within the tempic field. This allowed for the appearance of an image of an event before the event itself materialized. Out of this phase shift, there arose a sub-physical region that has been called the “astral planes”.

The Creation of Life Events

The astral regions are more closely aligned with the physical world than with the Inner City of Self as a whole. Among the many functions of the astral domains, the one that concerns this discussion is the fact that the astral regions absorb and utilize Mother/Father God energies in such a manner that events may manifest physically with very careful control over the amount of energy associated with an event. In other words, the actual creation of an event is worked out in detail outside of the physical. It is then quietly dropped into the physical with a minimum of disturbance, or with great impact, depending upon what has been chosen. When you visit a restaurant, you are served a prepared meal, without being involved in the busy activity of meal preparation that occurs in the kitchen, just a few feet away. That is not a bad analogy.

In practice, an event may be placed into the physical extremely quietly, or it may be loaded with energy. The energy content of an event is not a function of the surface dynamics, simple or complex, of the actual outworking of the event in time. It is partly a function of the emotional investment in the situation by the individuals involved, but this is best seen in light of the larger reality of Self. The emotional loading of an event is a multidimensional effort of the Total Self. You can therefore have a relatively simple event having an incredible impact in your world. It is not a cause and effect process in terms that you would normally employ.

Long ago, there was little or no separation between the physical and the astral, and despite the degree of separation that now exists; the astral is effectively a pseudo-physical region, not a true

non-physical environment. The separation of the physical Race from the astral was achieved by feedback systems that were developed to recycle energies within the physical, allowing that milieu to reflect back into itself some of the energies focused into the physical environment by the Race itself.

Once the core out-of-phase condition was perfected, it was a matter of creating opportunities to embellish it with interference patterns within the larger picture. With the lowered energy states this task has been much easier, and increasingly complex feedback systems within the physical Race have been implemented. In effect, this activity has amounted to a voluntary loss of awareness and ability in the most external regions of the Inner City of Self. This is the product of a deep science, and is a completely safe practice, under the care and nurturance of the consciousness hierarchies of both the Race and of individuals.

All of this has provided the secure platform upon which the Transformation process may take place. A necessary part of this is the re-discovery of the nature of thought and emotion. Both of these human activities begin to liven up considerably and dramatically as the Transformation process takes root in the physical expression, namely you. Human relationships are the essential means through which this takes place, as well as being the receptacles of the manifold benefits of the Transformation-Home-coming experiences.

The phase shift phenomenon that underlies the functioning of Man Consciousness in the physical Human Race is a difficult item to describe for you. Not only does it enable Man to express through physical bodies of a relatively low energy level, but it is also responsible for the body of energies that you call the personality. A complex energy construct, the personality is indeed formed and clarified, in part, by environmental influences as your theorists have suggested, but it has not been recognized that there is a powerful link between the personality and the constellation of environmental factors operating in the life of an individual or group of individuals.

The structures of the Human body participate in the formation of the personality body as well. The genes and their atomic and sub-atomic components are a specific type of consciousness. They are alive. Only a portion of these consciousnesses intrude into the physical, and they are not only aware, in a fashion unique to their selves, but also have their own very exquisite intelligence. Part of their function is to link the energies of the personality with the Devic consciousnesses that provide for the physical body as an integral, functioning unit within the gestalt of the Nature Kingdoms. Functionally, they are more like intelligent transformers of magnetic and electromagnetic energies than they are carriers of hereditary patterns. Through genetic functions, the personality has a potent associative relationship with the physical body, assisting the Man Consciousness aspect to cope and to function with a high degree of refinement in the tempic field of Earth. This enhances the seeming vulnerability of the personality to environmental elements.

The particular environmental agents that operate uniquely in the life of each individual are orchestrated by that individual, whose personality receives and absorbs the combined effects of events that happen to them. Individuals are the creators and stage managers of events for their Selves, even though the surface awareness of this fact is limited in the extreme. Life events speak of the creativity that is inherent within each man, woman and child.

The Transformation Of the State of Incarnation

The Transformation process re-orientes the complex of functions that are involved in the

maintenance of the state of incarnation. Among the outcomes of the reorientation are an expansion of awareness and the restoration of the creative potential of the individual. Volition acquires depth increasingly, to the point in some cases, of incorporation of total authority over the personal environment. It allows for complete freedom within the tempic field, and a truly deathless state of expression in its advanced stages.

While there is no endpoint to the process, there are significant junctures along the way. Each of these critical points marks a stepping up of the dimensions of personal freedom. Each one is a place of investiture of the characteristics of the Inner City into the physical domain of expression. We are not looking at a process that winds down into a state of peace and contentment, but rather one that unleashes and uncovers reservoirs of emotion and creativity in a dramatic personal sense.

The Affirmation of Self and the Freedoms of Man Consciousness emerge into the lives of physical individuals, not as a result of the denial of passion in favour of spiritual growth, but as a facet of the fulfillment of true passion. It is characterized by limitless vitality and activity rather than divine stasis. It is not in any way an ultimate conclusion to life, or a static condition of spiritual finality. It is the heightened presence of the Total Self, an expression of the essential joy, the love and the untethered spontaneity of you who are the Creator.

The Impact Upon You And Your Personal Relationships

Let us summarize before continuing. First of all, the creative Mother/Father God energies are brought into the physical domain through a multidimensional consciousness gestalt, and anchored into the physical by the external focal point of that consciousness gestalt, the physical Human, you. The consciousness gestalt, the Inner City of Self, also provides for the domains of inhabitation, your physical world, for example. You share in this creative endeavor. Your partners are, first and foremost, the inner levels of your Self. While there is an essential oneness of being within the Inner City, it does consist of a rather large family of consciousness. You and other physical manifestations of the Inner City, in many times and places, provide the anchoring of your Total Self into the physical.

Conditions within the tempic field have allowed the development of localized, semi-closed, feedback loops, creating illusions of linear time and the reactive versus pro-active activity of the emotions in the outflow of actual events. Emotions have come to be considered less worthy than the physiology, as holding second-class citizenship within the domain of Human functions. The residue of ages within the tempic environment of Earth has covered and limited the inner beauty of these energies. Emotions are considered often to be untrustworthy, deceptive, and in need of restraint and control.

The problem facing you is that the phase shift, with the associated eddies and back currents that have been engineered into the Human system, have resulted in a complex structure at the surface of your Self. Your true nature is obscured. There is massive evidence in your world of the destructive, untrustworthy nature of emotions. The resurrection of this situation is fraught with dilemma and confusion. It is not a simple situation. There are no formulae or techniques to cling to. You do, however, provide the solution to your Self, through your own experiences, and through the activities of your Total Self, the unseen but very real Inner City of Self. This cannot take place except in the context of personal relationships with other people.

The ideal of the solitary spiritual path is a red herring.

The process of emancipation, not from the physical world, but from the limitations of the tempic reality, while remaining functional within the physical, utilizes personal relationships with other individuals, seen and unseen, as its primary modus operandi.

In simplistic terms, the core out-of-phase condition that predicates incarnation into the tempic field, is gradually corrected, resulting in a cyclical series of minor and major shock waves, that radiate outwards, emerging into the surface and the sub-surface of your external consciousness. Following this, there is an insurgence of Mother/Father God energies at a relatively high intensity. The simplest, most mundane events can be carriers of tremendous impact as they are loaded with energy. As this occurs, emotional experiences fluctuate in intensity and quality, stressing the crystallized personality structures. Key relationships begin to function upon this basis, even while they are constrained by your social and cultural frameworks. This can be very confusing and stressful.

Mental functions come under increased stress as well. The addition of even a modest dose of higher order energies will generate activity and experience, which must find room for itself within the confines of personality and relationships with others. Your societies are structured in such a way as to obstruct emerging relationships between individuals who have deep, inner ties, and who begin to respond to one another on that basis, in spite of, and sometimes in opposition to the surface relationships. Power, ownership and territorialism haunt Human relationships. The confrontation of this legacy of socially structured Human bondage is one of the initial experiences of the Transformation.

The correction of the phase shift is like opening up a new channel for the energies of the inner Self — the flood gates are opened. This has been happening to many individuals of your world already, and it is beginning to occur to the mass consciousness as well, profoundly altering the course of history. You read about the events that I speak of in your newspapers even now. Contradictory experiences are commonplace in the Transformation process. The personality becomes mobilized and de-crystallized, preparing the way for the marriage of the inner and the outer within the incarnate individual.

The mobilization of the personality has some characteristic symptoms. I will suggest a few. Stress becomes a way of life for periods of time. These stresses crop up unexpectedly and the usual coping mechanisms used by a person will tend to be less than effective, often offering little more than temporary relief. The process of applying stress to an individual is one that is characterized by the finesse with which it appears to be stage-managed. There are convergent, coinciding elements to this that arise with impeccable timing and without the usual cause and effect background to them. The emotional content of many events are subtly or sometimes obviously out of the ordinary. The individual is brought to and held in a delicate balance in which the real disintegration of obsolete personality processes can occur, and yet, well timed respite from the stress and anxieties prevents overtly destructive experiences to take place.

Central to these difficult, contradictory experiences is the refurbishing of the total relationship body of the individual. All relationships with others undergo re-evaluation, re-definition and upgrading. This is not an academic process, and cannot be with the loaded emotional content that is evident. It is as if someone changed the rules on you, but did not bother to tell you about it. These outer circumstances, fully a part of the inner emotional and mental life of an individual, bring pleasure and hope along with frustration and despair.

Individuals begin to resonate with one another, and to respond on the basis of the inner relationships of deep consciousness. These relationships may initially appear to be incompatible with the surface relationships and roles with one another, but this apparent incompatibility is illusion. The bondage of individuals by psychological, social and cultural frameworks is confronted and altered. The presence of deep feelings of love enters into these emotionally turbulent experiences and as the process unfolds, becomes increasingly evident. It is the living truth of the inner Self emerging into your midst.

A common example of this occurs in the case of individuals already engaged in socially sanctioned, exclusive relationships, such as marriage. In the instance that one of the marriage partners finds a deep, emotional resonance with another individual outside of the marriage, in complete opposition to accepted or expected experience, there is created a seemingly impossible situation. Despite any attempts to explain, contain or follow these experiences of deep connectedness and attraction, they will initially at least provide little more than great discomfort. They cannot be manifested in any kind of known relationship in your world. So, while they may at times appear to be a normal, if energetic and intense relationship, they will defy containment and will continue to be extremely dynamic.

In these instances, we are not looking at granting you license to becoming sexually involved, nor are we denying you that opportunity. We leave you with those decisions, but can offer some words that may be helpful to you. From our perspective, we are certainly aware of the positive end results of these kinds of situations, but to tell you how to proceed or to describe what will happen would be a destructive and obstructive activity.

The so-called sexual revolution that your societies have experienced have only been a small portion of the preparatory activities for the Transformation. It has loosened things up, so that all of you are much less rigid in your thinking and much less constrained emotionally than if these inner relationships had appeared in your midst just a brief time ago. Those individuals, who have actually gone ahead and tried to experience sexual freedoms, have inwardly done so on behalf of the total mass consciousness. We are looking at something of an entirely different order at this time. This is not to say that sexual elements will not be evident with many of you as you work through these rich experiences. In fact, sexuality will be a factor for all of you.

It is important to note that inner relationships emerging into the physical can show up in many different kinds of situations other than in the example given. The issue is not what apparent contradictory situations occur, or what kinds of conventions are displaced, but what new realities become accessible.

The Transformation is a package, delivered to you out of the depths of your Self, and you unwrap this package with each other. Relationships of Transformation are surfacing in these times. Love is a simple four-letter word of great plasticity. It can be molded into a wide variety of meaning-shapes. The experience of a Relationship of Transformation allows for a radical expansion beyond the boundaries that you have placed upon this small word.

Personal Stresses In the Transformation Process

A characteristic theme during the initial stages of the Transformation is that the emotions and desires operate with great difficulty within the rules and regulations governing acceptable behaviour. Now, this is not a new dilemma for the people of your world, but the generalized evidence of it in your societies indicates the basic incongruity of your true nature with the social and personality structures through which it must function. In essence, there is a subtle movement of the personality out of synchronization with the world. This is one of the first indicators of the correction of the phase shift pre-condition to your current incarnation. Let us look below the surface of these things.

The relationship between the personality and the environment is one of the essential areas of concern here. As you live your life, observing both your Self and others, you see and feel the personalities being shaped and defined by the interaction between the personality and the environment of relationships and circumstances. This is effectively a well orchestrated camouflage, for what actually occurs is that Mother/Father God energies, focused out of the inner Self through individuals and groups, are continuously creating events. This is partly under the auspices of the

personality, but is largely a multidimensional creative activity.

It is therefore more accurate, with some qualifications, to say that the personality shapes the external environment, in a deeply personal sense, cooperatively with others. As surface phenomena, established upon this basic state of affairs, the feedback circuits and eddies, local systems of personalized energies, waves upon a very deep ocean, allow for a partially validated hypothesis that the external environment is dominant over the personality.

The phase shift, implemented first at inner levels, was allowed to infuse the surface of the mass consciousness with interference patterns that allow members of the physical Race to focus within the tempic field to a fine degree. It was a means of squeezing a multidimensional consciousness into a singularly narrow space. The total personality structure used by your Self, includes all of your incarnations, plus some shared incarnations. In this manner, through all of the physical versions of your Self, the complex multidimensionality of your Total Self, finds a measure of expression in Earth.

The Transformation process is triggered at deep, inner levels. The phase shift, in essence, an internal relationship gradient, is one means of accomplishing this. As it is corrected, there is a controlled lowering of the effects of the correction into the physical. The personality is the focal point for this, and as such, is subjected to the impact of the inner events. The mobilization and de-crystallization of the personality is a primary outcome, as the personality is gradually upgraded in its capability as master of its own personal reality. In a sense, it is like working a muscle that has not been used in a long, long time.

The stresses arising are tailor-made to suit the unique characteristics of the individual. They play upon the established coping mechanism of the individual, often playing havoc with them. It is not the case that all individuals will experience the same degree of stress. There is no question that some of you will find the process of Transformation much easier than others. Some of you have chosen a strenuous and difficult role to play. The Transformation cannot occur in isolation. It is always a community/group event, with some individuals being the focal point for specific areas of endeavor. The new ground of Self must be claimed — and this by breaking through the hardened barriers of the surface conditions. In light-hearted terms, it takes a hardheaded individual to play the role of battering ram.

The outflow of these events makes available to you the wealth of your inner resources. In part, this has been foreshadowed by the rapid advancements made by the Race over the last three hundred years. These have been weak echoes of the reality that is unfolding in your midst, here and now. They are part of the out-flowering from the current points of Transformation, spreading outwards in time, into both the future and the past.

Historical breadths of personal and Racial experience have provided for the necessary measure of control and stability for Transformation events of the present. Relationships with other individuals are woven through your personal histories. These relationships are far more than the summation of personal contacts in an incarnational context. It is through your inhabitation of the body of relationships that your inner reality is able to participate in the physical with you. The many configurations of relationships offer the control of the energies of Transformation, as well as being the medium of Transformation itself. You can be sure that among your personal relationships are individuals with deep and intimate ties with you, in both the physical and non-physical regions of your Self. The body of relationships is more than its physical presence in your life.

The Inner City of Self is the source of all physical and personality relationships. These relationships are valid and active even when they appear to be limited to the physical. Your current fact of being in the physical includes your physical body, plus the full body of relationships in your life. The relationship body contains specific relationships with others that play critical roles in your

personal experience of Transformation. These Relationships of Transformation illuminate and bring forth the inner beauty of your Self.

As we look at them, I attempt to make sense out of the seemingly contradictory experiences that you face on the journey of Transformation. There is purpose in your life for the passions, the temper tantrums and other symptoms. And there is purpose for the surprising, confusing resonances with one another — the love of our Selves of the Inner City becoming manifest in your midst.

Chapter Seven

Relationships of Transformation

Whether you are aware of it or not, your environment and your presence as an integral part of that environment, are created and sustained by a tremendous array of consciousness, with your Self as the recipient and focal point of that pattern, as well as being the Creator of it. The body of relationships that you inhabit arises out of the Inner City of Self, springing forth into every moment of your time.

Consciousness Relationships

Two individuals of your world may be intimately relating with one another within the domain of the Inner City. The medium of interaction in those realms is primarily consciousness. In your world, you interact with one another on the basis of matter and energy. The consciousness relationships of the Inner City of Self are of such an order and magnitude that they could not possibly be contained within relationships between two physical Humans. As such, from a practical point of view, it has been important that the consciousness relationships have been separated from those in the physical. Therefore, there is normally a minimal degree of direct influence upon the relationship in the physical by the fact of the consciousness relationship that over-shadows it from a safe distance.

In other words, within your Self, there are discrete levels of reality, with clearly defined boundaries of activity and experience. In particular, the incarnations are isolated and insulated from the intensity of the consciousness relationships of the inner lands. This configuration is altered by the Relationships of Transformation. Relationships of Transformation are those that bring about a rupturing of the separation between the inner and the outer. They provide the bridgework between the physical and the non-physical through the process that we have called the Transformation.

Relationships of Transformation are not accidental. They are indeed the product of your playful, inner God-Self, but they are not born of whim. There is a story to tell about the background to these relationships, and I have told bits and pieces of it in preceding chapters. As noted, the Human Race is a highly exteriorized means of expression, characterized by a deliberate distancing from the Inner City of Self, the land of soul that is your foundation. This being the case, your religions have emerged as highly structured social institutions, and your sciences as being almost totally ignorant of the subjective, the intuitive and the spiritual. In a personal sense then, you identify with your physical body, accepting or denying the existence of

your soul, but never experiencing it in a full, free and satisfying manner.

Defining The Relationships Of Transformation

Relationships of Transformation are patterns of one-to-one and group relationships within the physical, overshadowed by corresponding relationship patterns of the Inner City. Thus, we can look at a relationship between two individuals in your world as being a basic unit within a larger pattern. All Relationships of Transformation are therefore surrounded by an extensive array of supporting relationships, these also being Relationships of Transformation — patterns within patterns.

For you, all of these underlying relationships are well hidden initially, for they could not be contained within the personalities and social structures of your world. The activation of those relationships produces social stress beyond the individuals immediately involved, as higher order energies are released within the surface of the mass consciousness. This will become apparent locally, but it is also true globally. It is a phenomenon that amounts to the intrusion of an alien reality into personal and collective realities. Relationships of Transformation are the Homecoming.

Your Pattern of Incarnations Re-Visited

Let us take another look at the incarnational patterns of the Race, to expand our perspective beyond the immediate fact of your current lifetime and the body of relationships that you are able to identify in your here and now. If you could for a moment, step into a position affording you a view that contains all moments of time, I would ask you then to locate your current lifetime in the vast pattern that is displayed before you. By this I mean, locate that single, physical expression that you believe your Self to be, that brief flicker of life in an overwhelmingly large panorama of life. That brief event, the current incarnate version of your Self, is an imbedding of your Self into a physical realm that you have chosen to experience. From your point of view, you see that you imbed your Self into the physical at numerous points, that you use these points of experience simultaneously, coherently and purposefully.

The life energies of your Self unite the entire pattern, the total fact of your Self in the physical. From your new perspective, you observe that you originate in realms of reality that are very real and that are unencumbered by the limitations experienced by incarnate versions of your Self. You realize that death is an illusion. You notice too, that belief in an afterlife is also illusion based. The people of your world vaguely consider birth to be an entry into physical existence and death to be an exit. However, from your viewpoint outside of that system, you realize that these beliefs have arisen as a by-product of the design and modus operandi used by your Self in actualizing the many points of imbedding. The actual entry into the physical for your Self is at every moment of your life.

You are further able to appreciate the larger design and purpose of your relationship with the one you call Earth, although you might have some difficulty conveying that understanding to an incarnate version of your Self. At least you are able to appreciate my position in attempting this communication project. You are able to observe the many histories that the Race of Man creates, for you are not limited by the tempic field, and time for you is not an endless stream of moments — your moment encompasses all pasts, presents and futures.

Your incarnational pattern has many dimensions to it, but a key element built into the overall structure is the dichotomy that exists between the inner and the outer, the subjective and the objective. That inner part of your Self that experiences all of the incarnations as a subjective gestalt of life experience, a sort of reservoir of pure experience without the external references of the actual

incarnations, is called the “Oversoul”. The Oversoul relates with each and every incarnation of your Self, experiencing the incarnations subjectively, in direct contrast to the exteriorized experience of the individuals in that pattern. Selfhood is a multidimensional city of consciousness.

Relationships of Transformation are the means through which the total package of Self is transformed, so that each portion of the pattern inherits the full abundance of the Total Self. Each part of the whole then plays out a role, establishing its own vigorous individuality, unknowingly completing the larger pattern. The Transformation process breaks the mold within which the various aspects of the pattern are defined and limited, allowing each aspect of the pattern to remain unique and individualized, but at the same time, to become the integrated and complete whole in actual expression. While this may seem to be contradictory, I assure you that it is not.

You are multidimensional.

A Pattern For Transformation Utilizing Consciousness Relationships

The Oversoul acquires experience through all of the lifetimes of the individual, though its experience of its Self is different, since it matures its Self as the individual incarnations grow up within their various lifetimes. The Oversoul is then a real individual — a key member of your Inner City of Self, a de facto expression of your total body of experience in the physical. To make things interesting in the physical, the Oversoul will also have incarnated into the physical and will usually have contact with you in several of your lifetimes. You may in fact be an incarnated Oversoul. These relationships are profoundly potent and extraordinary for both of you —though wearing the masks of two separate and distinct people of your world. It has been a means of preparation for the current Transformation period, and a way of enriching life in the physical with the energies of the total incarnational pattern of your Self.

In practice, one common pattern being implemented in your midst involves the direct incarnation of the Oversoul being placed into a relationship with the individual who is the focal point in the physical for the entire package of incarnations. The first individual in these cases is the physical presence of the Oversoul aspect of the second individual.

Thoroughly camouflaged as they may be, the fact of these two individuals being together in the physical, is the summation of a great body of historical experience, and the stage setting for the Transformation — the Homecoming. In a personal sense, the interaction between these two individuals will be masked in everyday roles during the initial stages. The intensity of the relationship will not allow it to settle for long in any “normal” presentation. This description is quite impoverished, as there are always a large number of physical individuals involved, playing significant roles one with another. I put forth the package and leave the unwrapping to you.

In the Transformation model involving the incarnation of the Oversoul with the individual who is the focus for the exteriorized manifestations of Self, the actual mechanism of Transformation is the relationship between these two individuals at several layers of reality, in concert with numerous other deeply intimate relationships, also at several layers of reality. This configuration sums up for the individual, their total involvement in the Race, on a broad historical basis, by having the principle ingredients of the incarnational package present physically and interacting with one another. With these two people are physical representatives of broad fields of activity that the individuals have delved into over the millennia on Earth. The relationship itself becomes the means for opening yourself to the experience of your Self as the Creator in expression in matter.

The two individuals whom history has named Jesus and Mary initially demonstrated this pattern of Transformation, after a great deal of preparation and practice. They performed the original version of this process, on behalf of the mass consciousness. Once implanted into the mass consciousness,

this pattern of Transformation is then available for others to use and to embellish. I emphasize that there is a great deal of improvisation and embellishment possible with this pattern. It is not a static pattern, or a set of orders that must be followed to the letter. I observe that many of you have, in your exuberance and vitality, taken the initial pattern and are improvising freely, with great beauty and poignancy.

The individual that you call Mary, was the physical presence of the Oversoul of the incarnational pattern of the one you call Jesus. In practice, there were on both sides of the relationship, a background of incarnations supportive to that major event. It is not common knowledge that Mary went through the full process of Transformation as well as Jesus. As a vital ingredient in this, there are elements of the Elder Race, manifested in the physical relationship. In the case of the Jesus and Mary, Jesus portrayed the Cain segment of the Elder Race, while Mary portrayed the Abel segment. Ultimately, both of these individuals transcended these roles, inheriting the full abundance of their Total Self. They were not the only ones to do so during that historical period.

Now, the Cain and Abel aspects of the Elders, the Father/Mother God elements, are found in the Human Race primarily as the dichotomy of the inner and the outer. Relationships of Transformation, in your times, find these Cain and Abel presentations, masked by the charade of everyday relationships. Needless to say, as the energies of Transformation enter into these apparently ordinary relationships, some confusion and disorientation will abound. The surface relationships begin to resonate with the larger reality and become displaced to make room for the deeper living truth of your Self. The new frontier of Selfhood is opened to you. Fear not.

Being set into place in your times is the summation of the total history of the Race of Man with Earth. The many Relationships of Transformation involved in this event are the actual means through which the Race takes a giant leap forward. All of us participate in these relationships within the context of a Relationship of Transformation with the intensely beautiful Devic individual whom we call Earth. She has other names for her Self as well. She is intelligent, aware and greets you now, through these words, as well as in more personal and intimate ways.

Behind the ordinary names and faces of the people of the world, in the busy domain of all of your relationships with one another, there is a divine play being enacted. The Homecoming is being manifested in your midst. The marriage of the inner and the outer Self, being portrayed and experienced in the wedding of consciousness between incarnate individuals and with their inner Self, is the Homecoming.

Chapter Eight

Return To The Source

In this period of your world's history, there is a fulfillment of the initial purposes for establishing expressions of Man consciousness in the physical universes. It is a juncture of completion and one of expansion and ongoing. There are no true end-points in Creation, although there are moments of radical change and transformation. All of us are engaged in such a moment as you read these words. Practically, this means that some of you will become the de facto presence of the Source in the physical. This quality of being is known as expression in the Christ Consciousness — by no means an exclusive state. The mass consciousness as a whole will also migrate into a new

expression of itself.

The frontier of the new lands of Self has been successfully breached already by certain individuals of your world who have chosen to perform this difficult aspect of the project. Although this activity is in its initial stages, it is a cause for great joy and celebration amongst those of us overseeing things from the Inner City of Self. The new lands of Selfhood are being prepared for your attendance, as you have planned. Your own transition into a fourth dimensional expression of your Self, while remaining in the physical, will take place. This decision and the associated process has been built into the structure of your current incarnation. You cannot resist or prevent its occurrence. There is no way to prepare for it. All preparations and training have taken place prior to the current physical version of your Self.

As you require them, skills, knowledge, experience and abilities will surface from within you. We are with you always. Fear not. We are closer than you think. The truth is that we are aspects of your Self — an expression of the panoramic depth and breadth of your Inner City of Self. We cannot be separated. Our essential oneness is an unimpeachable fact of your life.

A Pep Talk For You

Typically, those of you in physical expression, underestimate yourselves. There is good reason for this and it is not an indication of failure or of weakness. You are in the midst of a process of becoming aware of the abundance that is yours, that is your Self, gleaned from thousands of years incarnate. You have been living and expressing your Self in a state of contrived separation from your Inner City of Self. All of the resources of countless incarnate experiences are not only available to you, but will be delivered into your physical aspect as needed. The learning arises from within — and you integrate it into your external expression and life in the physical world. Being able to gain access to this inner wealth is a process that is currently underway —somewhat camouflaged perhaps. It becomes obvious in time.

Much of what is called “new age thinking” is a re-statement of obsolete dogmas from the spiritual traditions of the past. For instance, the concept of “karma” can be troublesome. There is an idea that certain people are not spiritual enough to warrant inclusion into the “new age”. With this come the erroneous ideas: “I have karmic debts, and that is the reason for any failure or lack of achievement. When I have cleaned up my act, read the right books, attended the right courses and workshops, and paid my karmic debts, then I will be ready for growth and expansion.” This is completely erroneous. You have deliberately taken on both the bounty and the limitations of your life to experience your Self and to express your abundant creativity.

Belief in karmic debt and all of the other ways of self-torture, stand upon a belief that might sound something like: “I am not good enough.” The rating game is one of the most toxic processes in your world. You may have been delivering yourself a report card that is woefully unfair. Doubtlessly, you have gotten this message from others as well. You are a being of profound complexity, beauty and ability. Were this not true, you could not have achieved an expression in matter. That is a fact. The ability to achieve form expression in matter is a major accomplishment. Coping with your own exuberant life energies within the rigidity necessary to hold yourself in the physical universes, is a painful, difficult process at times.

There is another false notion that one must somehow “get it”, or behave in an enlightened and appropriate manner, according to some standard of conduct. Perceived imperfections in yourself or others may be seen as being at a lesser stage of life and spiritual development. New age thinking and literature sometimes indicates that the “chaff is being separated from the wheat” in these times. The truth is that amongst the Human Race, there is no chaff.

There is a divine play being enacted. There are a variety of roles which all of us have voluntarily taken on in order to experience and to express our innate and abundant creativity. There is another notion, which has it, that: “We must work ourselves very hard to prepare for the new age. If we work very hard and very sincerely, maybe we will be let in.” Hear this: If you are alive and present — one way or the other, you are in. You do not need to be saved. It is done. You have your own pattern of creativity. That is the only difference.

Belief systems and ideologies based upon belief in the sinful essence of Humanity, the concept of the “original sin” for instance, or the notion of the “sub”-conscious are examples of this. Behind the veil of waking awareness, there is nothing “sub” about what is there. It is the gateway to the Source, the fountain of your being. It is the window into the Inner City of Self - though temporarily obscured. As noted in previous chapters, there is no such thing as an original sin of any kind.

Furthermore, it is not accurate to identify yourself with the seeming obstruction and slow pace of your personal awakening. The timing is set according to your wishes, to provide the greatest support for the transition of the mass consciousness, a parallel process to your own. You have taken on a role with the mass consciousness, as well as for personal experience and expansion. The awakening of many individuals precedes the transition into fourth dimensional expression for the mass consciousness.

The Coming Shift Of The Mass Consciousness

Those who will have begun to function on the basis of a higher order of consciousness and awareness, will provide stabilization when the mass consciousness is carried forth into a further ongoing version of itself. Between now and then, it will surely be a busy time for all of us. Those of you who have designed a shift of consciousness into your current incarnation, will experience unprecedented expansion in all ways.

Most people, who will be “on duty” for the shift the mass consciousness, will have completed a personal move into a fourth dimensional expression of their Selves. Some will be expressing fully in the Christ Consciousness state by that time. As it traverses the vibrant waters of its own Transformation experience, the mass consciousness of the Human Race of Man will be supported and balanced by a team of individuals in physical bodies and in other kinds of bodies. Look at it this way: It has been a long and difficult gestation period. We are going to deliver a whopper.

Your Personal Expansion

Presently, you probably experience yourself as an individual human being, with a unique personality, physical body, name, personal appearance, ability, address, personal history and so on. You further define yourself by your inclusion into family, racial, cultural, economic and social groups, to name a few of the more obvious ones. Doubtless there are also many experiences that cause you to be open to new paradigms by which you can, at least experimentally, re-define yourself. You cannot truly appreciate the vast, expansive expression of your Selfhood without experiencing it. The interaction with ideas such as those that I provide for you in this fashion, is useful in triggering your own experiences. Keep in mind, that I do not intend to be an absolute authority to you. An essential quality in this is your inviolate right to make up your own mind about any and all news that comes to you from any source whatsoever. I will serve as no one’s guru.

In short, your self-concept is almost completely defined by the external features of your current incarnation. Your interactions with your body of relationships and circumstances, appears to

determine much of what happens to you in your life. You create and maintain your identity using these elements, and others. You are much more than a collection of molecules, with or without, some kind of ephemeral “soul” or “spirit” that lives temporarily in that collection of molecules. The main point of this book is that you consider that you may be much more than you think that you are. Your complete identity is larger and far more interesting than you may think. Your identity is a city of many identities — the Inner City of Self — “The Kingdom of Heaven is within you.” You are the Creator of these identities.

As a being of light, of consciousness, and of Spirit, you relate simultaneously to the past, to the present and to the future. You relate to the whole of time in an abundantly creative manner. In order for you to be able to fit into the relatively low energy state of the physical Earth, you have poured your Self into multitudes of incarnations. You have seeded your Self into Earth across several epochs and civilizations. You have successfully duped yourself into believing that you are a single, individual physical Human. As emissaries from the Inner City of Self, we have come to help you to wake up. It is time.

You, the individual reading these words, are the physical anchor point for the family of identities that is your multidimensional Self. The other end of this spectrum of Self-expression is also you — the Creator. Each aspect of your total Self, within the hierarchical spread between the physical and the Source, is experiencing a radical shift of expression. You, the expression of your Self in the physical at this time, provide the necessary grounding into the physical for a host of expressions of your Self — the Creator.

Each discrete incarnation of your Self (such as you, the physical person of this world of matter), is able to maintain its unique focal point of Selfhood, and also is able to partake of the bounty of the entire, vast incarnational pattern that you have created. The breadth and the depth of this Homecoming activity is likely far more than you have bargained for. On the other hand, the crew assembled on both sides of the boundary of the physical and the non-physical, is the “best in the business”. After all, we are the Creator, and rather affectionately pre-disposed towards our Creation.

Your ultimate identity rests outside of Creation.

The physical settings that you inhabit are not the foundation upon which your personal security and safety rests. Your foundation is seated in that reality out of which this Creation emerged. Try not to frustrate yourself with this information. It is impossible to describe. You, the Creator, have established a vessel (the current incarnation of your Self) in the physical multiverse, from which to reveal and to express that which you are. The reasons for this creative act are not possible to describe to you. They are to be revealed to you in the unfolding of your experience in coming days, weeks, months and years.

You are on the receiving end of an experience of revelation and expansion. A moment of revelation and expansion could not fit into your physical reality on a specific date, nor could it fit into a contiguous segment of linear time. The word “moment” as I use it, refers to the creative act of placing the experience of revelation and expansion into the physical. The source of these peak experiences is in the Inner City of Self. During the sleep state you are frequently active doing the detail work and the rehearsals.

Preparations Behind The Scenes

The “Return To The Source” is a carefully controlled removal of the gap that has existed between your physical expressions and your larger fact of being and expression. It is also a period of education, primarily, but not exclusively occurring in the sleep state. Typically, your life will

appear ordinary. You will experience periods of distraction and hectic activity, often with few periods of respite. The inner magician keeps your attention focused upon one hand while the real action takes place with the other. During the moments of this stage, you will seldom be aware of what is really going on.

The integration of your total incarnational package occurs during this period, and this finds its place in the spectrum of expression that extends from beyond the Source, to the physical aspect that is all you believe yourself to be. Thus created is the preparation for a moment of revelation and expansion. Most of this activity takes place out-side of the physical and therefore, outside of your awareness. The moment of revelation and expansion exists outside of time.

When placed into a linear time line, it appears as a series of discrete moments, clustered into patterns across your entire lifetime. It shows up in your life as a group of heightened experiences occurring at different times and stages of your life. To us, it is one moment. For you, it is experienced as several moments. You may have noticed certain themes cropping up in your life, again and again, as you pass through the years of your current incarnation. These themes may be strongly linked and interrelated. These sequences of experiences are a single moment, which when lovingly placed into the linear time line, becoming not one moment in time, but a series of experiences and moments in time.

It is not the case that you are helpless, caught in the wheels of pre-destined events and experiences. Even though these intrusions into your everyday reality are thoroughly planned and defined, they serve to unleash your creativity and spontaneity rather than control it. We are all engaged in something that is truly new — a vibrant, creative act.

In preparation for the currently occurring planetary and Racial transformations, you have unknowingly journeyed back to the Source of your Self, the all-present, all knowing Source of All That Is. You have journeyed to your Source. This process was initiated outside of time, and intrudes into linear time from within. Intrusions of this nature are revealed a series of heightened moments, sprinkled across the sweep of your life.

Let me provide an example. The psychedelic era of the late 1960's and the early 1970's, was not just about awareness enhancing drugs, Eastern spiritual teachings, alternative lifestyles and rock music. It would seem to the outside observer, one with an enhanced perspective, that the music, the flamboyant activities, the spiritual quests, the marches, demonstrations, and the wars were divine plays, anchoring some very potent transformative energies into the physical Race and into individuals.

During that time, many individuals journeyed within to the Source — meaning that pathways and avenues for inner communion and experience were temporarily opened up under the guidance and control of your High Self. This activity was largely hidden, though it was expressed and revealed by many others, in other places and times. Consumers of psychedelic drugs were not the only people going through creative, radical experiences. It was a time of confrontation between the old and the new, the traditional and the revolutionary, outer conditioning and inner experience. All minor and major events carry the inner stamp of this activity. The psychedelic era is but one of the more obvious examples.

The act of returning to the Source is not something that happens on a certain day — it is not a linear event. How could it fit into a linear time line? It overshadows the entire incarnation. The Return to the Source is an activity created outside of time and space. In that respect it can be seen as a singular event. When placed into the physical, this event appears to be not only many separate events, but a theme or colouring that is built into the fabric of your current incarnation

There is no actual movement with the return activity. You are who you are, in physical expression, because there is a multidimensional extension of you the Source, the Creator from your Source, out into the physical 'you'. The "Return" is a re-alignment - a potent, radical, life-altering re-alignment that emerges from within.

There has been, particularly during the latter half of this century, a profound infusion of Mother God energies into the Race. Many of you have anchored these incoming energies, and for periods of time, you functioned in deep resonance with your Inner City of Self. We validate those experiences, no matter how you may have cherished them, or dressed them up in pauper's rags when they did not persist. You may have spent long hours wondering, "What ever happened to the Aquarian Promise?" The spiritual desolation of your societies and cultures has doubtlessly been gravely disappointing.

While you may have wondered about yourself and the increasingly insensible course of events in your world, an inner journey has taken place without your knowledge, save for a few heightened moments, sprinkled across a decade and more. You did this within yourself, assisted by your High Self - the inner version of your Self out of whom your own incarnations - patterns within patterns, have emerged.

Your High Self governs your transition from a limited expression and awareness of yourself, into your expression in Christ Consciousness. Your High Self will supervise your initial training once your third dimensional vehicle has been replaced by a fourth dimensional expression of your Self. This requires the disintegration of the third dimensional vehicle. You have set forth a plan for yourself that provides the new consciousness expression to be readied and in place as your outer expression is upgraded and altered to make room for it.

The process of Self-emergence overshadows you and expresses itself throughout your lifetime. It is a complex affair, and one of stunning beauty. It has its painful and difficult moments. It is a set of experiences that you have designed for your Self. Contradictory as it may seem, it will surely be more than satisfying to you.

Chapter Nine

Self-Emergence

Having used many words to describe the hidden aspects of your Selfhood, I shall attempt to describe a few articles of the actual experience of the process of Transformation. In this chapter, I refer to the final lap of this process as "Self-emergence", for that is what it is. As with most of the dynamics described in this short work, Self-emergence is not confined to one particular period of your life, but over-shadows it and influences it in every moment. Laced throughout your current lifetime are the tangible experiences of this phenomenon. Your personal Transformation is a multidimensional event created within your larger body Self. It is then lowered and integrated into your incarnate aspect - imbued into the experience of yourself in linear time. During what you experience as time, it becomes an increasingly substantive experience, although the event of Transformation is not linear.

Your High Self

The process of Self-emergence is initiated within yourself from a level of expression that utilizes time creatively. It is placed into time under the direct control of your High Self - the inner version of yourself who has taken on the role of somewhat more than inner Spirit guide and mentor. The High Self role is that of “place holder” for your expression in the Christ Consciousness. In a very real sense, your High Self is a personal Christ. Again, let me state that the term “Christ”, as I use it here, is different than the historical usage of this term in your last two thousand years of history. The term “Christ” does not apply to a specific individual, but rather to a level of expression in consciousness. Christ Consciousness is the expression in consciousness, within Creation, of the presence of your Self - the Creator. It is that simple and that complex.

Your High Self is the inner version of your Self who in a formal sense holds the Office of the Christ for the incarnate version - you - who is currently progressing into that state. The fact that you have a High Self who is an inner version of yourself, a member of your own Inner City of Self, is a statement that Creation is a very personal aspect of you, and all of Creation, physical or non-physical are personal elements. This fact cannot be too emphatically stated.

Another way of putting this is that the expression of your Self as the Creator, is emerging into your incarnate aspect. As such, the role of the High Self is multi-faceted. Other versions of your Self also play a vigorous and supportive role with you, but always under the guidance and direction of your High Self. This role is key in the process of Self-emergence. In brief, the High Self bequeaths to you, the body of expression of your Self at the Christ Consciousness level, and provides the necessary assistance in the process of integrating this body of expression into your physical fact of being. It is a startling, creative act, without parallel. It is an activity that is a much larger act of Self than is contained in the desires and activities of the incarnate aspects.

There have been many Christs throughout the history of the Human Race of Man. Although one of the primary models of Transformation was implanted into the mass consciousness by Sananda (the one who holds the office of Christ for the mass consciousness), it is a model, a pattern of Self-emergence, that not only allows for creativity and innovation, but which promotes it on a vigorous scale. The Transformation process is a highly complex endeavor. It cannot be contained or fully expressed by any one incarnate individual. The body of relationships that you have in physical expression is of particular importance in this unfolding.

A Place To Begin

In order for you to begin the process of Transformation and to move into the experience of Self-emergence in your current incarnation, you need a place to begin. As such, you have established your robust individuality in your world, with all of the usual worldly trappings: a physical body, a personality of explicit definition, a sequence of ongoing life experiences, a body of relationships and so on. As indicated in other chapters, this basic state of incarnation is a multidimensional event in itself. One way or the other, you achieve a sense of stability in your life and from that place, you move (are moved) into a state of vigorous change. You have established a foundation from which you step into a larger version of yourself - while remaining functional in the physical. In actual practice, this foundation includes the sum of your total package of incarnations, and more – far more than the current lifetime. The really difficult part of this adventure in creativity has been getting into matter and setting the stage for the Self-emergence of you, the Creator. That is all in your past, at least in the sense that you experience time. From my perspective (and your larger perspective), there is very vigorous and creative work being done in the past and the future, as you read these words.

Restlessness

Let us look at some of the more immediate and practical aspects of this process as you experience it in your day to day, year to year, life. You will doubtless have tried to come to terms with the incongruities and inconsistencies among the competing belief systems in your world. As you matured into adulthood, you will have distilled a body of understanding from your total experience in the lifetime thus far. In a typical case, there will have been a fair amount of work, some pivotal and probably painful moments, and a clear sense of growth. However, despite your best efforts, there will persist an uncertainty about what you have actually achieved. An inner restlessness will come and go, and will be ameliorated only in the short term. This will prompt you to activate and to explore ways of coping with this persistent anxiety, to keep it from taking over your life. These two kinds of experiences, restlessness and coping with that restlessness, are the initial intrusion into your incarnate aspect, of the energies of Transformation. This particular brand of restlessness emerges from within and is also portrayed in events, circumstances and relationships. The inner and the outer realities are aspects of the total state of inhabitation in matter. Augmenting uncertainty and restlessness will be a sense, a growing sense that there actually is more to yourself, others and your reality than meets the eye.

The outer structures of your incarnation, the features of your personality and your day to day sense of yourself, will not be significantly altered during this initial intrusion of your larger fact of being. You will not usually recognize that it is your own inner Self that is the source of the persistent restlessness and disturbance. Relationships and circumstances and your own personal makeup, will appear to be the source of your anxieties. There will be the beginnings of a phenomenon that will become increasingly apparent as the process deepens and accelerates over a period of years. That is, the play of events, circumstances and relationships will appear to gang up on you at times, to force your hand and to irrevocably steer your experience in specific directions. Often, you may find yourself in converging, apparently coinciding streams of activity, which create opportunities or block them.

As a backdrop to your personal experience in the world, there are the historical trends of your current century and the culmination of the last roughly two thousand years of history, coming together in a dynamic mix. The acceleration of change and the apparent “ungovernability” of the world, provide to you personally a broad array of interactions within your personal field of experience, to contrast and highlight aspects of yourself and to provide a vibrant context for your experience. As the twentieth century slips into the past, the input of Mother God energies into the mass consciousness has been radically raised, with the startling results that are now obvious if you look for them. History is not repeating itself. Current world events are the window-dressing on your personal Self-emergence. They are not accidental, but entirely personal and deliberate.

The purpose for this kind of experience, created by your Self at an inner level, is to soften you up, to prepare for larger changes further down the road. There will also be the introduction of relationships that will play a pivotal role with you as the events of your Transformation unfold. Many of these will be obvious only in retrospect, although, you will experience a sense of profound connectedness with some of the people you meet. While all of this is going on, you will be interpreting everything in accordance with your established world-view and your view of yourself in that world. You cannot help but do this with the kind of consciousness you are using to maintain the viability of your incarnation. Whether you have spent your time in a bar or in a search for enlightenment, your experience is circumscribed by the order of consciousness you are using as the platform for Self-emergence/Transformation. The platform is very different than the end result of the movement. The inbuilt boundary conditions of this “third dimensional” consciousness will prevail until they are no longer necessary. I appreciate that this may be a controversial and highly disputed notion for some of you. In saying this, I do not encourage you to give up on your current activities and to adopt a fatalistic view. I encourage you to be independent and creative. I speak from

a larger perspective - and for reason.

A normal part of the experience of Self-emergence is the concerted defense of cherished beliefs, neurotic thought forms and obsolete coping methods. There is no blame or weakness in this, as they are there for a reason. You have, from within your Self, established these conditions and alleged limitations for yourself. They are utilized to provide an anchoring for the incarnate aspect, while the energy levels in the physical are accelerated and raised radically. (We do not want you flying out of the physical before you have achieved the purposes for coming there in the first place.) They are also utilized with a finesse that can be appreciated only in retrospect, to bring about the Transformation. There is nothing about you or your life that is not tailored, by your Self, to achieve that which you have set out to achieve.

Coping

The tolerances for the incarnation itself can appear to be overwhelmed for short periods of time, threatening to destabilize the physical inhabitation. Some individuals actually leave the physical during these periods, to continue their Self-emergence in non-physical domains. There will be outbreaks of this phenomenon during the coming period in which the mass consciousness undergoes its own transition, as a complete unit. Nonetheless, it is a necessity for many individuals to experience and to demonstrate this process - while remaining functional (most of the time) in the incarnate state.

The means by which you cope will be your own. To you, or to others, they may look like limitations or weaknesses, but they are far from that. Whatever means you use to cope with periods of pronounced stress, they are there for a reason, despite any societal based values superimposed upon them. Some of you resort to medicating yourselves, legally or illegally. You may immerse yourself in religion, alternative spiritual ventures, business or work activities, new relationships, family life, recreational pursuits, or what ever it is that brings you temporary comfort and relief. You may get stuck for periods of time in any one of these avenues of coping, be it bingo or new age spirituality. In your life, there is a deep, and I will say emphatically, a mystical purpose to all perceived weaknesses or less than socially approved coping means. Even your own self-approval or self-disapproval will fulfill the purposes of the larger process of Transformation. This process is completely governed by that aspect of your Self, out of which flow the events, circumstances and relationships of your lifetime.

Searching For New Answers

Overlapping the above processes will be your attempts to make sense of your existence, and to develop a fuller understanding of life and yourself in that life. You will have discarded obsolete and timeworn beliefs, and begun an earnest search for new answers. This will not have been solely cognitive work, but will have been embedded into, and expressed within relationships with others and placed into the dynamic play of ongoing circumstances, situations and life events. For periods of time you may be rather dogmatic and absolutistic about certain points of view, philosophies and life-styles. Your own individualism will be struggling for survival at times, with counter forces also seemingly mobilized against you — locally and globally. The approval or disapproval of others will mean little during some periods and will be the apparent cause of great distress or happiness at other times, in spite of your best efforts to remain independent of these external dynamics. The true separation of yourself from the mass consciousness and the transferring of your sense of identity from outer references to the totality of your Self as a multidimensional being of Spirit is a drastic, radical, complex reorientation.

Your search for right knowledge will persist, and it will bear fruit. Intuitively, you will often have a

deeper sense of your own path of emergence. At other times you will experience the isolation of the incarnate state as it has been during the last several thousand years. You may oscillate rapidly between these two states as your own incoming energies are anchored into your incarnation. The validation of some of your new knowledge will take place in personal experience. Key relationships will emerge during this turbulent period, providing solace and affirmation, as well as disappointment and conflict. The consistent trend though, will be towards a body of understanding, of knowledge, that is radically different from that which you started out with. One of the features of this is that it will be vibrantly growing in depth and complexity. You will find sources of information that will provoke, validate and possibly disorient you. There are many stepping stones, none of which are all that you need and all of which will have profound validity in the larger perspective.

If you step back and look at this investigative process of discovery, you will see that it irrevocably leads you to an expanded understanding of yourself and more than a vague sense that there is more to you than is physically present. You will experience events that will confirm to you that you are on the right path, though you will continue to idealize and dress up the “end product” in the concepts of your past experience and learning. This is not a problem and it is part of the larger event of your Self, emerging into the life that you are living. Converging with these experiences will be relationships that excite you and relationships that torment you - one way or another. You will find all of this taking place in the context of a world seemingly gone mad and out of control.

The Breaking Point —The Zero Energy State

Even with the above dynamics becoming accelerated during the passage of time towards your Self-emergence as a fully-fledged individual of Spirit expressing in matter, the “radical surgical event” - the actual switch of consciousness - is not contained in what I have described so far. There is an additional element that a colleague of mine has called the “zero energy state”. This state, as with all of this business, is not a single moment of time. The zero energy state is one of disintegration - the removal of the third dimensional structure for the incarnation. All beliefs will fall away as this state becomes manifest in your life in graduated steps placed into time. All previous knowledge will become inadequate and irrelevant. The physical body itself will be irrevocably altered and refurbished, but initially may show signs of wear and tear, mildly or extremely, according to your own plans.

Circumstances will arrange themselves to trap you into predicaments and then release you, often with profound results to your quality of life and your expected course through your life - for better or for worse as you define these terms. Plans for yourself will sometimes become obsolete, almost overnight. More and more you will find that your knowledge, your coping mechanisms and your relationships breakdown and re-emerge or at the very least give cause for complete frustration. You will be brought gently, but firmly to the point at which not only your belief systems break down, but your way of life as you have existed and imagined it to be. Now these words may seem to be extravagant, but the events which they point toward may not have happened for you fully as yet. The process is one of eradicating the old incarnational structure so that the new body of consciousness can emerge - one that more suitably fits the multidimensional spirit being that you are. There is no cause for fear in this, though there may be temporary discomforts.

The initial stages of the zero energy state being lowered into the physical aspect of Self will usually involve disappointments, disillusionment and often depression. Suicidal thinking is normal under these circumstances as are various forms of what your society sees as mental illness. There will be a deep sense of loss and of abandonment, which will often be portrayed in your actual relationships and life events. They will be tailored to bring you to the keenest edge of your coping ability, and beyond. It is nonetheless a safe and abundantly creative

process. It is paradoxical and contradictory, only in the limited perspective. There is also a preponderance of ameliorating factors - eleventh hour resolutions of impossible situations. Key relationships will undergo re-definition and refurbishing, and they will hold during the tempestuous times despite severe strains upon them.

The zero energy state is introduced into the incarnation along with the other stages, in a graduated process under the governance of your own High Self. Several of these stages may be emphasized in a given period of your life, though the obvious trend, especially from the retrospective view is towards the zero energy state. For some of you this process will be gentler than for others. This has to do with your own plans and purposes for your- self and your role with the mass consciousness. It has nothing at all to do with your status in some spiritual pecking order, or with your perceived level of spiritual advancement. For some, this will be a Self-chosen experience of great distress and apparent difficulty. The creativity and beauty in these instances cannot be appreciated until the process - the whole process of Self-emergence - is virtually a fact in the physical. Many children being born into the higher energy levels of the last few years will slip through this process easily. Some adults will also, but in the initial stages of this unfolding in the physical, the first groups of individuals will have a somewhat trying and frequently difficult time.

If we look at the sum of these stages: the establishment of an expression in matter, the inner restlessness, the coping experiences, the searching for new answers, the gathering of new knowledge and understanding, and the zero energy state, they combine to create a dynamic doorway through which your own inner reality is placed into your current expression, as the obsolete structures fall away. Far from being a random event, it is a multidimensional creative act involving all of "you" from your currently experienced version of yourself as a physical Human, to your Self as the Source of All That Is. In fact, the whole process could not take place without you being present in the physical. You, the incarnate, physically present "you", are absolutely essential

Free Will

Before closing this chapter, I would like to comment briefly on the notion of free will, as there is much misunderstanding in your world about this. The process that we are explaining here, operates as a larger context within which your personal decision-making ability exists. Each of you enter into every moment of experience bearing all of the mental and emotional predispositions that have been nurtured and grown by you up until that moment. You arrive into every moment with a specific structure to your bodies of personality, emotions, relationships, circumstances and the complex status of your physical body - just to illustrate the point. There is far more than this that you bring into every new moment of experience. In your waking state, you act as you do, out of your- self, being as creative as you can, making what decisions that you are able to make, resonating with both the inner and the outer realities - with you being positioned midway between them. The creativity of this process of Self-emergence into the physical is an event that you as an incarnation cannot bring about solely by yourself. It is a larger event, including as active participants, the entirety of your Inner City of Self and many in physical expression with you. You are led into the experience and you also lead into the experience. It is most difficult to place this concept into words, so I shall leave it at that.

The Self-emergence of you as the Source of Creation is prefaced upon the above dynamics. In your sense of time, it has taken a long, long time to get to the point for this to happen. When put beside the amount of linear time required to establish the platform for this to happen, your Self-emergence takes place in the blink of an eye.

Chapter Ten

Historical Perspectives

The broad themes of the history of Man, coming into Earth, into the outer reaches of Creation, have been described. Doubtless, you are more curious about the period of your own recorded history, and in this chapter I shall skip about through this period, providing some information and some ideas for you. My purpose is to poke a few holes in your conceptualization of this history and to stimulate alternative ways of considering it. There is, of course, no substitute for your own direct experience of this history. This will come about in due time.

To begin with, the known history of your world is a personal aspect of your Self, since you have created it, in concert with many others. History is entirely the product of Relationships of Transformation. These relationships are of such an order of complexity and creativity that disables any verbal description. Giving you a few markers to consider during your own Transformation, to assist and support you, is my only intention.

You establish your own presence across the whole, or within parts of the broad spectrum of Human history. In so doing, you add that which you are to the field of creativity. You do this for one central reason, and that is to bring about the fullest possible expression of your Self as the Creator in a state of inhabitation within Creation. There is no other more essential element to this adventure.

The Human Race, as an exteriorized expression of your Self, the Creator, provides a stable anchoring for the Inner City of Self, into matter, the physical universes. (There is more than one physical reality involved in the current experience of the Human Race.) As noted, the Human Race has been characterized by a deliberate deficit of Mother God energies at the surface, the exterior level of expression - the incarnations. This has been most extreme during the last two thousand years.

The Age of the Father God

Up until the appearance of the Christ presence (including many more individuals than Jesus) two thousand years ago, the focus for the Human Race was to prepare for this multidimensional event. Before getting into other aspects of your history, I shall clarify a few items about the appearance of Sananda in the physical two thousand years ago as a “family of Christs”. The role of Jesus and all of those involved with him, both incarnate and otherwise, was, among other things, to initiate a two thousand year period of extreme preponderance of Father God energies at the incarnate level of expression.

Any individuals coming into this area of creativity were required to abide by the parameters inherent in this phase. Now, Father God energies are both the consciousness (substance) and the sheer creative power of Creation, and this is what has been infused into the Human Race as a result of the coming of “Jesus and Company”. Additionally, this phase of the project involved the final refinement and consolidation of an extremely complex pattern of Self-emergence into the Christ Consciousness, while remaining anchored into the incarnate state. This pattern of Self-emergence was implanted into the mass consciousness for use during the present and coming period of time in your world. The previous chapter, “Self-emergence” does not cover even the bare bones of this pattern. I shall leave a few more clues in this one.

During the last two thousand years, this body of Father God power and potential has been built up within the mass consciousness. With the increase in the Principle of Omniscient Creativity (Mother God energies) that is occurring in your present time, this potential has some

place to go and the creative authority to do so. It can be utilized creatively in fulfilling the completed pattern of Transformation implanted by Jesus and Company.

The activity of preparing this pattern and implanting it into the mass consciousness, was not done just in that period of time, but in the future of that time, two thousand years ago, and in the past of that time. Let me point out that the result of all of this activity has thus far not resulted in the liberation or salvation of Humanity. None of the world's religions have succeeded in doing that. To a greater or lesser degree, the actual outcomes in the physical have been the increased bondage of individuals and groups of individuals into systems of regulation and control. Further, your history reveals that nastier activities like rape, murder, genocide and the like, have been often fueled by religious motivation. It may startle you to hear that this has been your intent, as well as the intent of all others involved in this divine play of history. Jesus was aware of this outcome even during his physical lifetime. It was part of what he set out to accomplish.

The bondage of Humanity into matter, more securely than ever before, has been required in order that it remain intact, in physical expression during the present period of time when there is an order of influx of Mother God energies into the physical that is unparalleled at any time, anywhere. The Mother God energies are not the only factor here. The building up of a base of Father God energies in the mass consciousness over that last several thousand years, but particularly during the last two thousand years, has established in the physical, a reserve of high potency, power and consciousness. All of this is coming together in your current period of time. The "high octane", energetic reality of the Human Race has required extraordinary, innovative controls. Outwardly, these have expressed in many forms, and the bondage of Humans, the pain and distress of real live individuals has been Self-chosen for these reasons.

Sananda is in reality a highly complex Spirit being, defying description - somewhat more than others. The initiators of this project, with Sananda in the Office of the Christ, have been active in physical expression throughout Human History. They have taken upon themselves, as individual Humans, the development and anchoring for aspects of the totality of the pattern (patterns within patterns). Frequently this has involved experiences of extreme pain. In fact, the most extremes of actual pain have been experienced by these individuals at one time or another. The essence of All That Is, is Love. As an aspect of Love, and in consideration of the daring, innovative nature of the Human "experiment in creativity", those who play central roles have made certain that no other individual takes on a greater degree of hardship that they were willing to experience themselves. Further, in these torturous moments of persecution, beheading, crucifixion, ascetic discipline, torture, abandonment, and starvation, there was created not only a greater measure of control, but also a lesser degree of difficulty for those coming into this scene with less "experience". The whole experience of pain in the physical begs a deeper discussion than this, but at this time I will simply say that as the process of Self-emergence deepens, all pain will be seen to be a well worth it. It is a deliberate experience that you and everyone else have devised.

The Achievement of the Buddha

By way of example, Gautama, the initiator of Buddhism, achieved a startling advancement in defining critical aspects of the zero-energy state in particular, as well as the whole of the process of Self-emergence as defined in the previous chapter. He pushed himself through a variety of experiences during which he frequently had difficulty stabilizing his incarnate state. In the eyes of your world he would have been considered quite mentally ill. This was a practical demonstration by Sananda, in preparation for the appearance of the Christ as Jesus and Company. His "enlightenment" was a real demonstration of the passage through the zero-energy state into full-fledged Self-emergence. His teachings express this process while placing the end results into concepts that cannot contain the end results. He suffered from the same problems with

communication using Human language that I do. His accomplishments are essential to the structure of the Transformation pattern.

In doing what he did, and during the subsequent buildup of Father God potential in the mass consciousness, the net result of his adventure was an additional system of binding and enslaving third dimensional consciousness into matter. This was a necessary outcome, and one that he was aware of, even while providing his teachings. Do keep in mind, that your reality is rather porous, and that even during a period of extreme imbalance within the mass consciousness, there were creative exceptions to the rule, embodied in individuals who carried about deliberate roles on behalf of all. To continue, Gautama's teachings have resulted in few Buddhas, but many Buddhists. Nonetheless, in the same stroke, he created profound pan-historical elements of Self-emergence. These have been consolidated and integrated into the overall pattern of Transformation provided by Sananda that you, as an incarnate individual, utilize out of your inner Self in this moment. His creativity was supported also by a rather large cast of players, in both physical and non-physical form, extending both backwards and forwards in time.

I do not wish to add favour to any particular religion or spiritual discipline, as all of these have played a vital role. The outer structures of these traditions hide the facts. I am attempting to jiggle your preferences and conditioning just a little. I could have just as easily spoken about the Guru Nanak, Lao Tsu, Patanjali, Moses, Krishna or Socrates, to name just a few individuals involved. And there are many whose names are not recorded in historical documents. There are layers upon layers within Human spirituality. The maintenance and nurturing of spirituality simultaneously with the binding of Self into matter has been a delicate balancing act, especially when the presence of the Mother God is increased in the Race. There are parallel levels of activity in all of Human spiritual traditions and Human religions. These are not problems, but provide the raw material, the building blocks and the power necessary for the current period and for the future. They have brought stability to the Race as it crossed the age of Pisces. We can declare this an unsurpassed success.

The Tibetan Connection

I am merely skimming the surface this dissertation - trying to stir things up and to awaken twinges of your inner knowledge and connections. This is not a comprehensive historical study, so I shall continue to skip about, trying my very best not to get stuck in one particular area. Your history is not really as cut and dried as you have been schooled to understand it to be, nor is it as simple as I am putting it. For example, let us consider some of the inner aspects of the Tibetan yogic activity.

There is a very good reason why the Tibetan spiritual culture was geographically situated in the Himalayan Mountains. These mountains are physical links to both the Elder Race and to the future of the Human Race. They provide an insulated setting for anchoring very specific energies of Man, essential to the entirety of this creative adventure into matter. Further, the practices that are known, and those that will come to be known in the not too distant future, provide a rich bed of experience that is bearing fruit in the progression of Humanity into the next ongoing stage of expression in matter. So altered from the norm was this spiritual culture at its peak moments, that it changed the fabric of the tempic field locally and the populations of these mountains functioned in quite abnormal states of consciousness for periods of time.

That is, there were physical individuals of that culture and those times (eleventh to fourteenth century a.d. primarily) whose "now" overlaps with your "now". They are active participants in the current period of Racial history, from the historical period in which they brought about those incarnations. There are very few individuals directly involved in this physically, but they are supported by thousands of other incarnate individuals of those years, who dutifully practiced esoteric disciplines. In doing so they created a foundation upon which a few

individuals were able to open within their own incarnate expressions, a conduit into and through the tempic field.

The creation of this “local aberration” in the tempic field was quite deliberate, and followed a plan designed in the inner realities of the Race. This activity was an over-lay and an embellishment upon the fact that the present, past and the future are all occurring at once. These particular individuals are also notable for their outrageous sense of humor. The known culture and spiritual traditions of Tibet provide an elegant and functional cover for their primary activity. The preparation for this feat involved very strenuous activity over the preceding centuries and closing it down, likewise was not an overnight event. During this century, with the subjugation of the Tibetan people by the Chinese military forces, the job was actually completed, in readiness for what is to come. This project in actual duration, took all of the last two thousand years. It was an essential area of preparation for the Homecoming for the Race.

What this means is that those individuals, not only being active in your present, are providing an additional control feature for the coming period of change - for both individuals and for the whole Race. There is a specific group of individuals doing this work, under the auspices of Sananda. Sananda is very much a key player in that scene as well. I emphasize, that in relating these things, I am not really referring to the known, external Tibetan history and teachings, although they are far from insignificant. I am referring to a personal expression of love and compassion that is hidden within the Selfhood of some of the readers of this document. All of history - all of Creation is personal.

There was a practice in certain Tibetan groups, of sealing a yogic adept into a cave for many years. In order for an adept to be chosen for this “ordeal”, he had to acquire a profound level of mastery over not only his physical functions, but energetic and mental functions as well. Other members of his group brought meager quantities of food and water to him at set intervals, though the quantity was well below starvation levels for even many adepts of those times. In the seclusion, the cold, the darkness and the isolation of a high mountain cave, the adept would implement his practices, extending his survivability, and in the process experience a severe breakdown of the essential structure of his incarnate Self. It was a deliberate exercise in perfecting the zero energy experience, and always, with extended moments of great anguish and pain. In these instances, the yogic training itself worked against the adepts, by extending his survivability and lengthening the duration of pain and the process of breakdown in order to achieve the revelation and the experience of the boundless Selfhood of Creation.

“Normal” human beings could not have physically survived such an ordeal. Even those who would have been provided enough food to live on, would have quickly become mentally ill (as defined by your culture) by the combined elements of this experience. With the level of control over all aspects of their functioning, these adepts were able to bring profound measure of control to the process of the breakdown of their ability to function - a process lasting years. This has been useful in the preparations by actual individuals for lifetimes currently in progress. Secondly, it has been useful in further refining the process of Self-emergence. Thirdly, as all Human life has an essential element of living symbolism, this activity symbolized the sealing of your Self into the cave of the incarnations, being fed a deficit diet of your true nature during the long period of isolation in matter, leading finally to the breakdown of the third dimensional incarnate vehicle, to allow the inner Self to emerge into the physical. In short, there have been a lot of preparations made for the Homecoming events that are now underway.

Man and Deva

We could look at any aspect of recorded Human history and write at length about its significance personally to you. At the same time, there is much that has happened in your world during the period of your recorded history that is not known. The histories of the so-called “aboriginal” peoples of your world are a case in point. To begin, as with all Humans, their background is contained in the same Source out of which all of Humanity has become imbedded into matter. We are all guests of the Devic Kingdom. The term “aboriginal” is somewhat misleading. However, there has been a unique role for these cultures that have existed in a greater harmonic resonance with the Devic Kingdom, at least at the incarnate level.

The relationship, I should say, the “covenant”, between Man and Deva, has been expressed and maintained to a large degree by these civilizations and cultures. Within the inner reality of some of these cultures, are the energies and the knowledge of the actual designs and plans for the hybrid expression of Man in the Human form. There are also held in reserve, the knowledge, born of vast experience, of the actual communion between Man and Deva - the ongoing “dialogue of the Souls”, if I can speak somewhat loosely. In practice, many individuals have spent considerable times in these nature-resonant incarnations as well as in more nature-distanced incarnations.

The Twentieth Century

As the violent, creative centuries passed, leading into the twentieth century, Mother God energies have been gradually introduced, resulting in increasingly accelerated change that is your most recent history. The genocidal intrusion into aboriginal cultures has been the final stage of the withdrawal of the Man-Devic communion into the inner lands, an aspect of the Return to the Source for this component of Human experience - a precursor to the emergence of it into your world again, but with the bounty of vast experience. It is no accident that the Industrial Revolution and the waves of subsequent revolution in Human culture have occurred as they have and when they have. The wars and violence have also become more devastating to larger groups of people. Your world shows the signs of greatness and high potential, yet the threats to it, the apparent threats that is, seem insurmountable. There are a number of ways to look at this explosion of external change that is your current history.

You can take the process of Self-emergence from the previous chapter and apply it to your current historical period. All of the stages are present collectively in your world. For example, as the energies of the Man-Deva relationship has begun to surface in the mass consciousness in the latter part of the twentieth century, there has been an increased awareness and attention to the alleged destruction of the global physical environment and gestalt of Devic expression. There are many levels of activity here. For Humans, there is the love and connectedness with Nature, the perennial communion between Man and Deva, upon which is founded the Human Race. There are also physical survival issues front and centre, as one societal force is pitted against another, with the imminent breakdown of the global Nature gestalt being threatened.

This deliberately contrived situation is placed into a context of other possible future scenarios of similarly apocalyptic proportions. There are the armaments race of the twentieth century, the threat of nuclear annihilation, the fraying of economic and social safety nets, the breakdown of social order, the rampant militarism, the soullessness of political systems and bureaucracies, the power and control of corporate empires, the population explosion, new diseases and the toxicity of the food chain - to name just a few of the elements converging into your current moment of history. For individuals who have chosen for their current incarnations, a breaking out from the cave of third dimensional consciousness, these factors are fully-fledged aspects of their own personal experience of the process of Self-emergence, leading to the zero

energy state, which is the doorway into the next level of expression. Collectively, the mass consciousness is receiving a similar impact. It too is experiencing a parallel process of Self-emergence, though at a slower rate and in some ways significantly different. The two processes are enmeshed.

It is no coincidence that global communications have been emerging synchronously with these elements. Mass global communications and all forms of old and new media coverage of world and local events are combining to promote and nourish this progression. At the same time, medical, psychological and social problems abound. Not only are they being exposed in the light of new knowledge, but are on the increase as well. The advent of new medical and therapeutic interventions, social, legal and political re-ordering, has not softened the ongoing buildup of stressors placed around individuals and groups of individuals in your world. The global communications net is also an outer expression of dramatic changes to the structure of the mass consciousness that is being prepared for its own movement. Collaterally, the linkage of individuals and groups of individuals is critical at this time. There is much going on behind the scenes in Internet communications, media productions and the like. Blossoming out of this will be forms of interpersonal communication that do not require technology.

Large numbers of people are resorting to professional care for apparent mind/body dysfunction. There are not enough caregivers and healers to go around. Many people exhibit extremes of behavior. Your prison populations increase while your legal systems are overtaxed and are breaking down. All of these elements and the search for answers individually and collectively constitute active features of the larger process of Self-emergence. They are required up until such time as there is actual release from the cave of third dimensional consciousness. By way of comparison with the Tibetan adepts, sealed within their cold mountain caves, there are factors that lend control and stability to a situation that should really be far more chaotic and destructive. In short, you have no problems. You are being squeezed through a multidimensional birth canal.

Consider the high usage in your world of street drugs and medically approved drugs. Consider nicotine in all of its forms. These substances are just one way of assisting individuals to maintain a semblance of order and functioning, while they extend them-selves towards the actual fullness of the zero energy state. Without them, there would be a far higher suicide rate under conditions of stress prevalent in your world, and for most of you, staying put in the physical is part of your plans. Being able to complete the process of Self-emergence is likewise in your plans. The physical Human body is the final link in a chain of expression connecting the world of matter to the Source of

Creation. All of this is You. During this period of radical increase in the energies of Transformation, the Human individual is placed under phenomenal pressures. The substances noted above, provide for many things, and temporally have great value, otherwise they would not be there. Even tobacco, considered to be one of the great curses of the twentieth century, is a potent herbal “grounder”. From this point of view, but particularly in the retrospective view after the age of tobacco use has disappeared, it will be seen for what it is - a gift from the Devic Kingdom.

The epidemic use of tobacco and other herbs (such as cannabis) has been invaluable in assisting individuals to extend their functioning in the physical while under tremendous stress inwardly and outwardly, as their own process of Self-emergence is advanced to a fine point. There is tremendous finesse, artistic finesse, being applied to these situations from within. I am not encouraging you to consume or to give up the consumption of anything. You do what you do according to your own purposes and the timing of your planning for this incarnation. I simply attempt to jostle your thinking about yourself and your world.

You have prepared yourself for your own Self-emergence through vast reaches of history. In these times, you bring those experiences into your current fact of being in the physical. You awaken the resources from those other times and places through the activities of your own High Self and your interaction with the people and features of your world. The body of personal and collective relationships that you inhabit is a summation of your total incarnational package and an extremely potent mix. I cannot overstate this. You have been born into the life you live to do this. The apparent assets and strengths, the spirituality and the dysfunction, the bounty and the misfortune, all of these are there to provide you with the maximum benefits during your own Self-emergence. In your historical past, as you read these words, the activities are happening creatively, and are focused upon establishing the requisite elements that you bring to the fore, to propel yourself into further expanded states of experience. There is no leftover or useless experience whatsoever.

The parable of the “prodigal son” was not a tale of morality or forgiveness. It was a story of the Homecoming, the return of the incarnation to its home in the Inner City of Self, but that is the topic for the next chapter.

Chapter Eleven

The Future

Imagine tomorrow, the day after today. Imagine your Self existing in that day and experiencing it. From where you are now, it would seem to you that it has not happened yet. I have told you that from my perspective, the past, present and future are created at once, that the Source of you and your world is within you. In this chapter I shall attempt to sort out a few of the points that can be sorted out using your language. The concepts that I bring are more to provide you with maps that will be useful to you when you and your world proceed into the future and become profoundly changed. At this point, I am not trying to convince you of anything. At the same time, though I shy away from playing the role of fortuneteller, I will leave you with a few items to watch for.

Any proper discussion of time must include a discussion of the tempic field, of which time is a derivative. Your world exists and you, in physical expression, exist in the tempic field. You can think of the tempic field as containing innumerable copies of space as you know it, so that you can create your Self contiguously across these spaces, with time being a factor that becomes part of this process. To use an analogy, if you wanted to paint a picture, you would consider how you would use the whole canvas, and not just a single point on it. In this analogy, your incarnation as a whole is represented by the surface of the canvas. Each moment of your life would be a point on its surface. As a creator, you would consider composition, contrast, texture, and colour and a host of other qualities, as you expressed your Self. This analogy is weak, but perhaps you can see a bit of what I am indicating here.

We can at least agree upon the fact that linear time provides a context against which your experience of yourself in the world takes place. You have experiences, and most of them are concrete and specific enough that others can agree with you that they actually have occurred. Though I have spoken of a vast inner reality, you need not take my word for it. Blind belief is not essential, believe me. There is a process of change that you can observe in your world and there is a process of change that occurs to you personally. This process of change is measured against a line of time. Let us start with you and your awareness of yourself in the world. That is the optimum starting point.

Suppose for sake of this discussion, we consider that you are the centre of Creation - not your body, but that point of awareness that feels as if it is physically located in your head. Let us pretend that this point of awareness never moves, but that the world moves about it. It appears to be carried about in your physical body, but in reference to itself, it doesn't move. With a little work, you can perhaps appreciate the perspective that I am developing here. Consider that point of awareness to radiate out from itself to fill your body and to be so thoroughly connected into your body that it feels everything that the physical body feels. In other words, your body is a virtual reality device from this point of view, with an environment for itself and everything that goes with it. You gain access to that reality by somehow connecting into your body. At this point I am not making any statements about you or your reality, just involving you in an experiment in imagination.

Now imagine that your body suddenly disappears. You - the point of awareness does not disappear, as seems to happen when you go to sleep. You have simply lost your connection into your body. You are no longer wired into the virtual reality, so you do not experience your world either. There is no physical universe in this experience, simply a point of awareness. Imagine now that you have reconnected with the "hardware", the physiological hardware that is your body. Your awareness fills it and reconnects with its sensing abilities. Having done this experiment in imagination, what do you notice? How does your body feel? Try this a few times - not too seriously please. I offer it to you as a game.

I introduce this modest game to commence this discussion of the future, because your physical body is very much a key player in your future. In fact, it is essential to any future for your current incarnation. This may seem to be an obvious, redundant point, but it is also a deep one. It has been a predominant goal of the whole history of Man coming into matter, to be able to do what you do so naturally, to inhabit not only a physical body, but one that is precisely "tuned" to the low-energy matters states and that can keep you there during a period of radical energy infusion, and reality transformation. Your physical body is the key to the whole show. I shall explain further.

You inhabit several bodies, with your physical body being the outermost. It is composed of consciousness in its lowest energy state - matter. The physical body is a device that you have used to get into this place. Now, the physical universes emerged out of the Source, the Creator, just as you have. Therefore, they are part of the totality that is your Self. They appear to be composed of empty space that is filled with objects and various forms of energy. There is a lot of misinformation, hypothesis and imaginative inquiry into how it all came to be, and a great deal of speculation about when it began. The question of when it began ignores the fact that time itself is an essential feature of the physical universes and that time has emerged out of consciousness as part of the whole package of physicality. In other words, the creative process that resulted in universes of matter was one that created time as an essential feature in some of them. Time is an aspect of the matter worlds, and not something separate from it.

Matter, including your own physical body, exists inside of the tempic field, which is an environment (and I use that word loosely) that contains more than simply the version that appears to be there in your "now" or your "then". It is a field of creativity that you inhabit. In doing so, time becomes the background of measurement in relation to the fact of you being present in that field. You, in your normal state could not function as you do in such an environment. You, as a unique and personal expression of the Source of Creation, moved out into your Creation to inhabit it. Your movement was not measured against a background of time, but against a background of consciousness. (Words do fail me here.) These expressions in consciousness are called Celestial expressions. Out of your Self, you then moved further into Creation so that you inhabited bodies of energy and consciousness - derived from your Self, the Source.

From these points of expression, the matter worlds, the outermost aspects of your Creation, were uninhabitable by you. They have been habitable by Devic Consciousness, which can function at low energy states and that is designed to be able to relate almost exclusively with the outer, externalized

aspects of Creation. On the other hand, Man consciousness is an expression of the Source that carries with it, wherever it goes, the inherent fullness of the Source, which is your Self. The Human body, derived from Devic expression is the vehicle that allows you to inhabit the tempic realty and the physical.

To go back to the imagination game that I began with, if you imagine that your body disappeared, and hence your connectivity to the outer world of matter, you would still be inhabiting the body of consciousness that you have used to get into this domain in the first place. There would still be a sense of time passing, though the external markers for it would not be present. What I am attempting to point you towards is the fact that you and your physical body are separate and distinct. The fact that you experience yourself as your body is due to the fact that you are “hard-wired” into your body. Your physical senses can only give you information about the stimulus affecting your body because you are there - connecting into your physical body through bodies of energy and consciousness that you use to do so. You are the inhabitant of all of these. Changes in your body state (pain, pleasure, diseases, biochemical states, etc.) alter the whole experience, but you as the experiencer are not the same as the complex structure you inhabit.

The experiencer in this case is the Source of Creation, your Self, severely limited in awareness and with most of your Self, held in reserve, outside (inside) of the physical incarnations. The whole of your incarnational package is involved in this, spread throughout vast breadths of what you call time. Your current incarnation and your entire package of incarnations are extended out of a larger body of expression of you - in a predominantly energy environment. This is the environment of your High Self. From this place, time is experienced more

Selves, they allow for a further massive input of energies, which trigger the movement of the mass consciousness as an individual entity. The time comes when it is carried into its own expanded and enriched reality in the physical. This is not an apocalyptic event as has been often predicted by third dimensional psychics, seers and clairvoyants. The constraining authority of the Father-God epoch will (is) come to its end to be replaced by something far richer. Apocalyptic visions are yet another device that leads into the zero-energy state for many individuals. There is a radical re-orientation underway, and this will involve periods of adjustment, but the Race and Earth are clearly not at risk. No one is at risk.

There are many young people in your world who have been born into these transition times to partake and to contribute. Within themselves, and within their bodies of matter and energy, they are attuned to the future more than the present. In fact, the present is highly toxic for them, but becoming less so with each day as the energy infusion currently underway results in a general raising of consciousness across the board. Resistance patterns to this are activated of course, but they really will stand no chance of defeating that which is coming about. Quite the opposite is happening. These patterns of third dimensional resistance provide stability and increase the positive end results. At this point, that is all that they can do. Some of the young people in your midst are presenting society at large with great distress as they behave in criminal or otherwise obstructive ways. Many appear to have learning disabilities or unusual talents. Many are unreachable through normal means. There comes a time when the energy levels in the surface of the incarnations will have shifted sufficiently to allow them to bring forth the bounty which they have brought into the current lifetime. Following a brief period of disorientation, they will know exactly what to do and how to do it. There is so much latent talent already physically present in your world, that there is no problem or alleged catastrophic situation that cannot be resolved and resurrected. These troublesome youths are a Trojan Horse, a benevolent, loving, creative Trojan horse from the Inner City of Self.

The body, that you have used in order to inhabit your pasts, presents, and futures, has enabled you to function in time, in the outermost reaches of your Creation.

From that place, your body also grounds your incoming Selfhood and the energies and consciousness through which you manifest your Self within your Creation. In doing so, your physical body initially takes a major wallop, but in the overall picture, becomes radically upgraded and refurbished. You will have to see this to believe it.

Your body is a time traveling construct. Without it, you could not be here and you could not move into the future that I have indicated.

Chapter Twelve

All Doors Lead To God

I have spoken at great length of the nature of your reality and the totality of that which you are. I shall finish this book with some practicalities, to tidy up a few of the ideas and leave you with what I have offered. The imbedding of your Self into matter has been a major theme, woven throughout everything that I have put forth. Along with this, I have indicated some the reasons for this, though I

do freely admit that it could not be stated in words. Nonetheless, I have persisted in trying, since even the words that I use will be useful to some of you in some stages of experience. I have explained that you are more than you seem to be and that you will come to know this. You, and secondly, the Human Race itself, have come into this moment.

One major theme of this missive has been the many devices used and the difficulties endured by all of us in bringing about this kind of inhabitation in matter. The extreme controls that have been in place have been described, though my descriptions are quite barren, and do not reflect the complexity or the magnitude of the forces (and counter forces) that are involved in this. However, that job is done. It is complete. The success of what we have all created is, as they say, "a done deal."

In addition to the intense influx of Mother God energies into the Race there are a few other things to consider at this auspicious moment. The rigid controls over your world over the last epoch of history, and the last two thousand years in particular, have been described. The reasons why these controls have been in place have also been described, even if this was done rather superficially. What has not been described, is whom it is that has been providing this oppressive regime. I am now saying that it has been all of us - and that includes you. The time has come in which you are invited and assisted to give up your limited control over reality, the world, your incarnate self and other individuals and to be invested into a much larger domain of control - the creativity and expression of your Self - the Creator.

You begin, through the stages and steps of the Transformation, to function out of the totality of your Self, rather than a Self that is broken apart into fragments, and isolated within the incarnations. Each fragmented part becomes infused with, and then becomes in expression, the whole. The relationships in your life become a personal expression of your innermost Source Self, the manifestation of your Divine nature and identity.

Those who have been responsible, under the guidance and authority of Sananda, for manifesting Father God controls and containment for the buildup of the energies of Self within the physical, are now releasing this control and passing it over to the Mother God aspect for manifestation during the coming age. This is now happening within you as well, for you are both at once - and more. This is the crux, the essence of the initiation into your own personal expansion and movement into the next on-going level of consciousness.

I speak to you as an equal and bounteous being of Spirit and ask you to consider that the control of your personal reality is governed by much more than your actions, your thinking and your determination. It is stage-managed by more than chance, luck or statistics. You are the anchor into the physical for your total Self and this total fact of your Self is becoming a personal expression in your life and in all of the relationships and experiences that you have. All of Creation is a personal experience.

You are being guided and taught from within yourself. The bridgework between your reality and our reality is coming into the open. As this happens, your abundant creativity will come to the fore and your Transformation will become an experience, rather than so many words. As this takes place, the knowledge of whom you are, why you are here, how you got here and where you are going, will become revealed. The opening of your incarnate consciousness to your inner consciousness requires no workshop, system of spiritual practice or worldly credentials - formal or informal.

Relationships of Transformation are the most elegant doorway that you have created for yourself, to reveal to you that whom you are. You do not have to go anywhere to find them, for they will be there in your life, just exactly where you have chosen them to be. In the unfolding of these relationships and the surfacing of their multidimensional

nature, you will become transformed. There is nothing that you can do, no matter what you choose to do, that will take you away from this. All doors lead to God.

Epilogue

This small volume has explained little. The ideas that I bring to you are bridging concepts. Not a single one is ultimate.

Within Creation, within your Self and your world, there are no ultimate inconsistencies. All things express an inner concordance. As such, all insecurity is based upon illusion. You are and always have been safe and secure. This is the meaning of the Concordance of Truths.

I enter into your world in many ways. Through a doorway of pages and words, I bring a package that you may begin to unwrap. I bring the blessings of the many individuals of Spirit who are with you in this adventure. Of that which I am, and of that which I bring, I bless you also.

I AM Kscheondra

Dedication

This book and all of the energy and love invested into it is dedicated to all of the people in my life, my immediate family first and foremost — Maion, Aaron, Samuel and Leah - with Love.

There are many friends, old and new, who have contributed - unknowingly stirring my experience in strange and new ways - each one contributing to the opening of the conduit within myself that brought out this work. I have been given whole-hearted support, and have also been tagged with misunderstanding, labeling and censoring of my experience. For myself, I have behaved like a stinker and a saint and everything in between. Nonetheless, this book has been delivered out of myself and I leave it for you out of my best and deepest love and nothing else. To those close to me during this last year, I ask you to understand that a spiritual opening is not necessarily all peace and bliss and goop. I am so very grateful that you were born.

Bill Davidson - December 30, 1996